

# REVEAL DIGITAL

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The Seed

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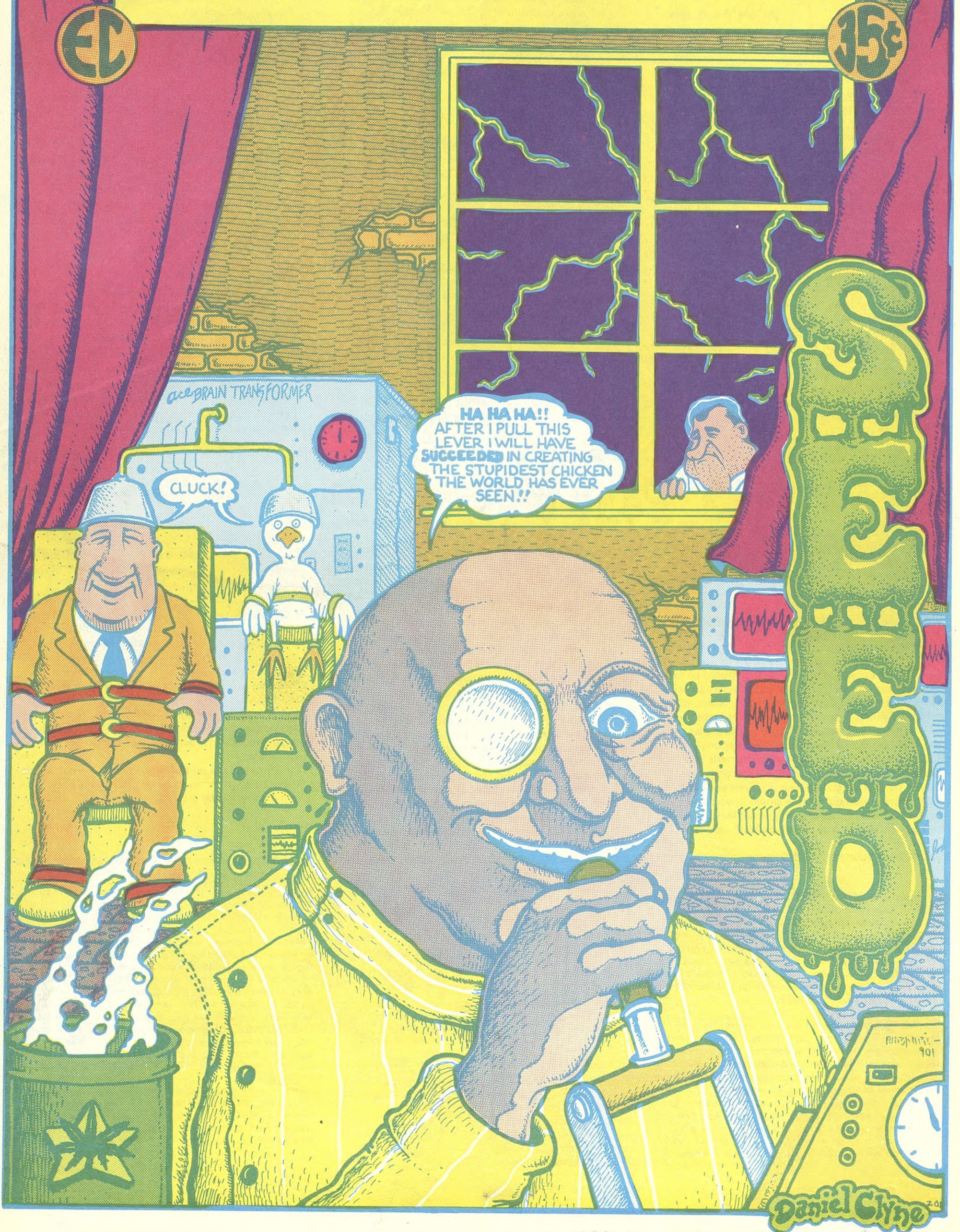
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!!SPINE TINGLING ISSUE!!

35¢





# Free City Gossip

## ARAGON

There's no more rock and roll at the Aragon Ballroom. A combination of the promoters losing money and police pressure because of dope forced cancellation of all scheduled and future concerts. Scott Doneen, who had been promoting the concerts ever since Michael Butler (of "Hair" infamy) gave up, said that he was closing because he was not able to control the sale and use of dope on the premises and that he "could no longer guarantee the safety and security" of the customers. More likely he couldn't control the safety and security of his bank account. There HAS been a lot of pressure by the police to close the place down, though. The place has been flooded with narks and undercover porkers, threats have been made to bust the whole place and Doneen was even busted in August for "keeping a disorderly house." Even so, the promoters have lost a bundle of money on the concerts. Crowds have been small due to the high ticket prices and the uninspired bookings, and the bands that did attract the large crowds charged a fortune. So now there is no place for large rock concerts in Chicago, the bubble finally broke. And there's no where to go. You can go to Alice's and hear better performers than the Aragon had for only a buck, or you can set up your own places like Alice's in your own community.

## FLYING PEOPLE

Chicago has been hit by a rash of flying people. At the last Aragon concert somebody took a little LSD and convinced himself he was batman. He took off his clothes and ran around the place for a while, then jumped out a window. At last report he is in "guarded" condition in the hospital. The same night at the Clark Theater, during a showing of Yellow Submarine, someone jumped off the balcony into the audience, injuring himself and another person. Comments from the people around him ranged from "Wow!" to "Man, you're messin up my trip" to "What the fuck's goin on here." Both are in good condition in the hospital.

## ARSENALS

In light of all the noise the State's Attorney has been making about "Panther arsenals," it's interesting to note what's happened around 4000 West in the black community. Six months ago the Panthers were active on the street—and it showed. There was a big drop in reactionary violence. Gang-banging decreased. The old folks were able to leave the currency exchanges without paying "tolls" to the teens lounging just outside the door. It wasn't Paradise, but it was better than it had been for quite a while.

Then the Panthers left, to a certain extent because of all the busts and repression coming out of the State's Attorney's office. Now things are back to NN Attorney's office. Now things are back to "normal." Kids are vamping on each other. Old people are scared. And the area around Pulaski and Lake is impossible to deal with after dark.

Aren't things groovy now that the only "arsenal" in the neighborhood belongs to the Fillmore District police?

## CONVENTIONS

Mayor Daley said he is trying to get not only the Democratic National Convention but the Republican one as well in Chicago in 1972. Daley has no regrets over what happened in 1968, and said the Police Dept. and the city (meaning him) acted properly. He's not worried about any demonstrations that may come up in '72. The city can cope with them. I wonder how far in advance we'll be shot.

## RUDNICK

Stanley G. Rudnick, former head of the Kokaine Karma Kollektive of Radio Free Chicago, has been appointed Professor of Communications and Media at Goddard College, Goddard, Vermont. Prof. Rudnick is eminently qualified for the post, his radical views having gotten him thrown off the air at WGLD in Chicago, WABX in Detroit, and WFMU in New York. His presence on Radio Free Chicago (WEAW 105 FM) will be sorely missed.

## SDS CONVENTION

SDS, formerly known as Progressive Labor, held its regional convention here in Chicago over the weekend of Sept 25-27. Agents from the Chicago Red Squad, N.Y. Red Squad, the FBI, CIA, GIU, Military Intelligence, the Treasury Dept and maybe even a few other agencies were in attendance. The Y.I.P. had promised to send a flying squad of dope dealers to distribute some goodies to the assembled multitude, but they failed to show up. Yippie spokesman Clark Kent could not be brought down for comment.

## 3 Penny Brouhaha

The first IWW strike in a whole lot of years closed the Three Penny Cinem for two weeks. The strike started on September 20th when owner John Rossen fired the manager, Mimi Harris, for allegedly mishandling funds. The staff of the theater didn't dig this. They denied the charges against Mimi and demanded a meeting with Rossen. Rossen met with them but refused to listen to any of their suggestions. The staff said that they would not work if a new manager were brought in, and Rossen said that if they walked off the job they would be fired. Rossen brought in scabs, but the staff stayed at work on advice from Fred Thompson of the Wobblies, and the scabs went home. The staff said that if the scabs came back or the theater was closed, they would picket the place. Rossen closed the theater. Negotiations with Rossen were begun, but no progress was made and the theater stayed closed. The staff held meetings every day and put out leaflets stating their positions and demands, while Rossen stood outside the closed theater and made soapbox speeches to anyone who would listen, making wild accusations, such as two of the staff were red squad

agents out to shut the theater down, and that they were all desperate anarchists bent on destruction. Rossen had commercially printed signs put up on the 3 Penny accusing the staff of being racists because they refused to work under a Chicano manager.

Rossen finally agreed to negotiations. The 3 Penny staff, as IWW members, asked Fred Thompson to be their chief negotiator. They demanded that Mimi be rehired; that the theater relate more and cooperate with the community; that Rossen pay the staffs of his Spanish-speaking theaters a minimum wage of \$2.00 an hour; to stop using race to divide his workers; and that the Three Penny be run as a collective. Rossen said "This is NOT a people's theater" and refused their demands. After several meetings he accepted some of them but refused to re-hire Mimi, the one non-negotiable demand. No further progress was made, so a mediation board consisting of Jack and Ruth Spiegel (both long-time trade unionists) and Jim Reed of Holy Covenant Church was called in.

In an 11 hour meeting a settlement was finally reached.

One of the terms was that Mimi Harris would stay on as manager, another term was that the details of the settlement would not be disclosed.

The Three Penny opens October 3rd with a Japanese Film Festival (which you ought to go see).

As a result of the strike the Three Penny is on its way to becoming the first socialist theater in the country. The staff's eventual aim is to take over the theater completely and run it as a community thing. There are plans afoot to buy the place from Rossen and finance the deal by selling shares to the community. As one step toward the goal they want to establish a street people's rate, but they need suggestions on how to set it up.

With a little (a lot) of support from the community they can do it. It would be far out to have a real community theater around.

Dick —

A gust of wind blew into Chicago as we began to put together this issue of the paper (Volume 5, number 12 of the CHICAGO SEED—offices at 950 W. Wrightwood, phone 929-0133 or 34.) and the impending winter was definitely in the air. Winter... not here hey... but definitely in the making... Winter... when much life burrows underground... when the struggle for physical survival becomes much more real and apparent even to those of us who do not (as yet) face hunger, and still have a roof over our heads.

This winter will be a hard and harsh time for the Seed—financially and in many other ways. Money is tightening up all over—and many people who "understand" it intellectually still don't feel in their guts what it will mean in reality. One thing that it has come to is that we can no longer afford to send free subscriptions to GI's in Vietnam. We send over 200 now, which costs us \$1200 a year. If any readers can spare bread to help pay for it, we would love to do it again. In the meantime, any GI in Vietnam can get a sample copy free by writing to us.

And another winter is coming. Nixon-Agnew and kindred are for real and mean business. Attorney General Mitchel let



the cat out the bag when he said "this country is going so far right you won't even recognize it."

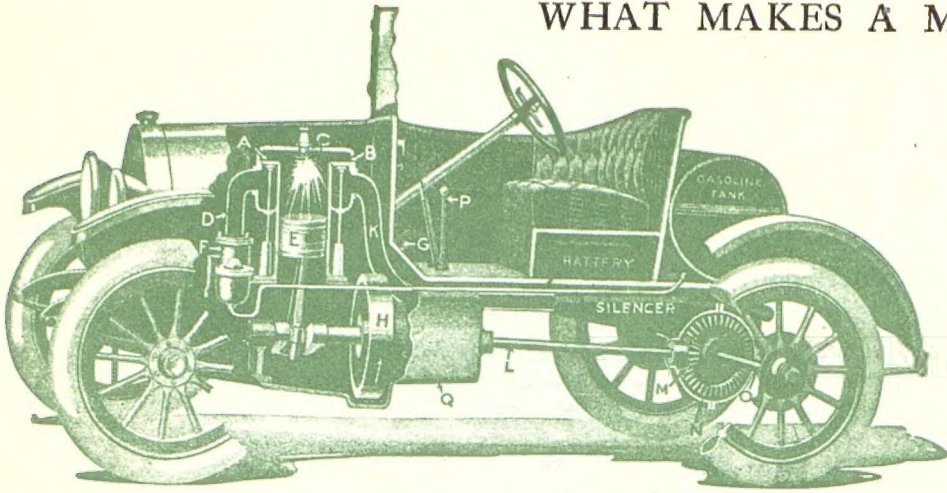
We face this winter with an ever increasing grim awareness of just how much our futures and survival are linked together. Yet knowing also that if we stick together and struggle together the winter will pass and spring will come to earth, sprouting forth in countless directions and myriad colors.

Those who gave heat and life to this issue include: Diane, Fred, Maralee, David, Abe, Dick, Eliot, Peter, Penny, Bernie, Lynda, Rebecca, Dana, Mitch, Maria, Earl, Paul, Jerry, Lois, Mike Gold, Denny, Robin, Ray, Jack, John Mayal, diana-azooka, Jim Vincent Congine, Marvin Garson, Donovan, Comrade Krug, Radio Free Chicago, Jimi Hendrix, Warren, Mike Einhaus, Neil, Jeff's, Alice's, LNS, and many many others.

At this point the SEED needs contributions of all sizes, preferably green. We also could use some bar stools to facilitate working around the light table, staplers, manila envelopes, typewriters, type font balls, old magazines, stat paper, blue pencils, and other assorted office supplies.

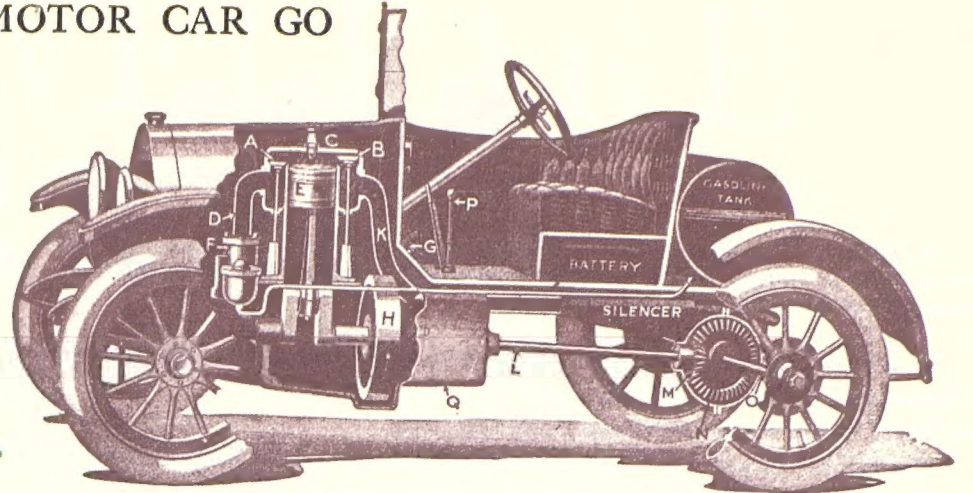


## WHAT MAKES A MOTOR CAR GO



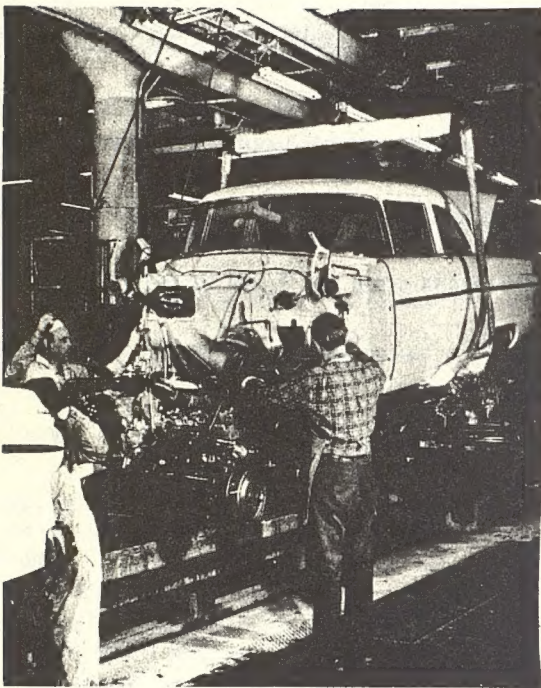
Clank clank freakout---the noise the dirt the clank clank repetition---Ford/Wind-  
sor on September 4th---R. T. Kolody, 33, on the line clank clank 60 cars/hour miss  
your screw/nut/bolt/gasket and chase it down the line two pee breaks/day no stop-  
ping/talking/relaxing slave of the machine R. T. Kolody pulls a dipstick from a pass-  
ing engine block and stabs himself in the neck

and again  
and again  
and again



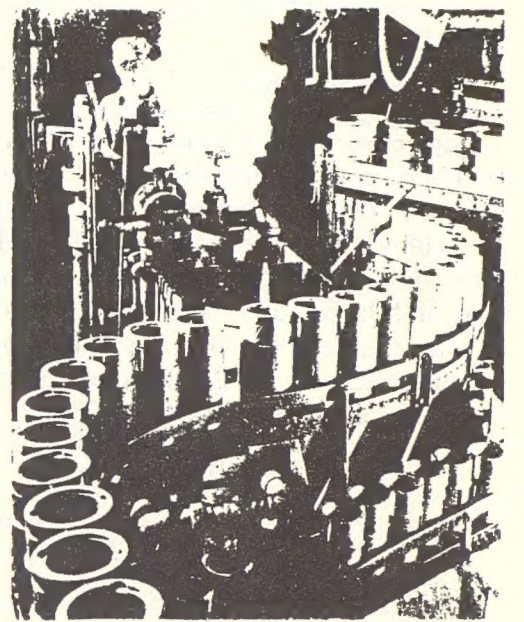
Clank clank never ends---40 hours plus overtime like it or not \$4.03/hr \$8400/yr  
Nixon says ten grand needed for family of four cost of living up 6% in Chicago since  
August last year 25% since August '64 unemployment up inflation up absenteeism up  
spirits down 30% split every year the rest are in salary jail.

Clank clank man's gotta eat wear leather jumpsuit in  
110 degrees develop permanent ear-ring hear fork-lift  
whine in sleep fear strike/hunger/violence/scabs ready to  
crawl out of ironwork.

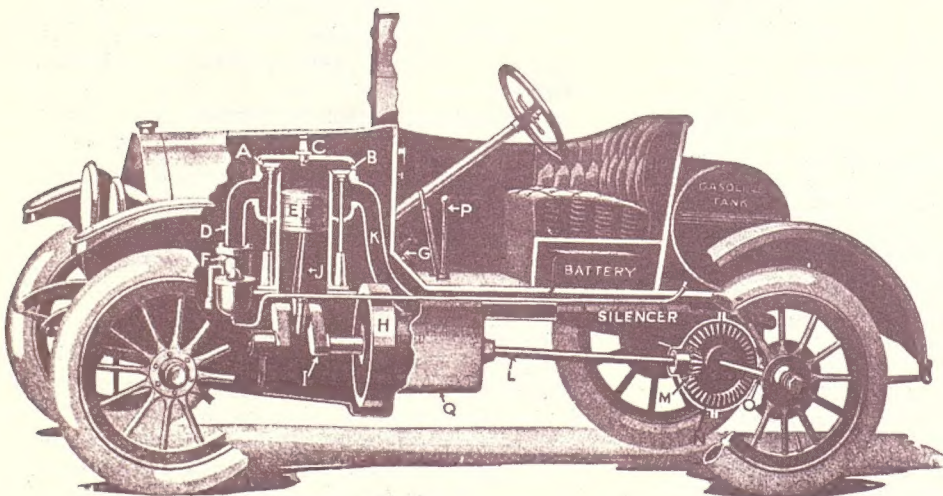


Clank clank Nixon/GM/capitalists report wages  
drive up prices...Chairman Board GM makes \$790,000/  
year beats most taxes with stock options/profit-sharing/  
blahblah/top 18 executives average \$250,000 each head of  
Chevy has longish hair groovy groovy groovy.

Clank clank computer socialism not yet installed  
communists purged from union during '30s whites scared  
by black job press workers battle while GM/others keep  
rollin' along more "niggermation"/automation black fac-  
tories do 72 cars/hour white plants 60-68 blacks in found-  
ries in hammer shop insecure.

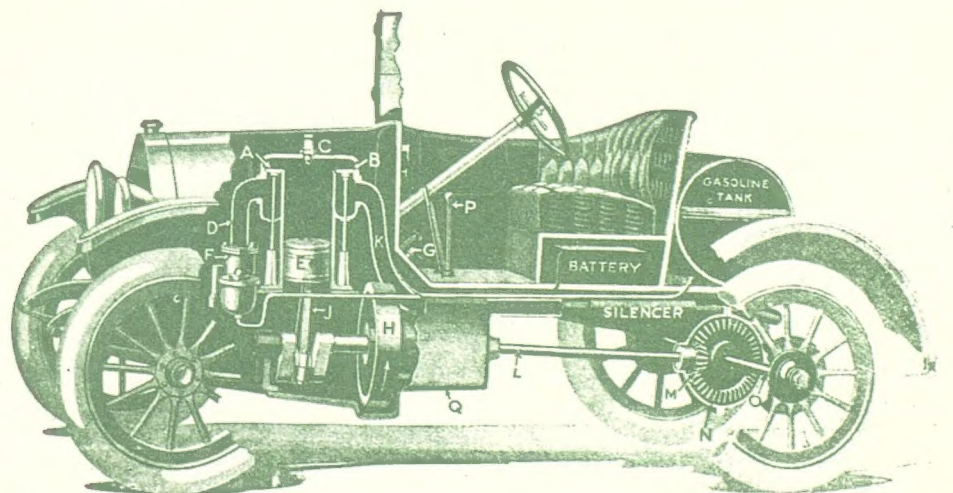


Clank clank pecking order...supervisors hassle fore-  
men hassle men on line "no loitering" the line waits for  
no-one locker searches high school never ends "listen boy"  
to grown men talk back/do something can get you fired  
contract says company turndown of union grievance holds  
'til arbitrator decides guilty until proven innocent arbitra-  
tor comes three times/year meanwhile you're out.



Clank clank megacorp GM world's largest last year \$24 billion sales/\$3.4 billion  
profit/\$700 each car strike fund gone in seven weeks GM stockpile will last longer \$40/  
week goes to \$0/week while men circle 102nd & Wentworth/LaGrange/Harvester how  
much allowance do you get?

Abe Peck



Clank clank monster keeps rolling...US/Canada/England/France/Germany/Italy/  
Spain/Sweden/Russia/Israel/China/India/South Africa/Argentina/brazil/Australia/Ja-  
pan rolling rolling...traffic cops Tokyo break for oxygen each hour 40% Boston devo-  
ted care and feeding of automobile no cars midtown New York weekend kisses for  
mayor clean air for people...chew up America chew chew make indispensable glass  
rubber steel credit Sunday US 30/Ford has a better idea/see the USA in your Chevro-  
let...root for these guys to win many are fucked up but only hope for planet is people  
takeover/teardown/rebuild the life you save may be your own.



# HEAD AFOOT

The following statement was written in the POW camp and carried over the wall (in full sight of two gun trucks). I offer loving gratitude to my Sisters and Brothers in the WEATHERMAN underground who designed and executed my liberation.

Rosemary and I are now with the Underground and we'll continue to stay high and wage the revolutionary war.

There is a time for peace and a time for war.

There is the day of the laughing Krishna and the day of Grim Shiva.

Brothers and sisters, at this time let us have no more talk of peace.

The conflict which we have sought to avoid is upon us. A world-wide ecological religious warfare. Life vs. death.

Listen. It is a comfortable, self-indulgent cop-out to look for conventional economic-political solutions.

Brothers and sisters, this is a war for survival. Ask Huey and Angela. They dig it.

Ask the wild free animals. They know it.

Ask the turned-on ecologists. They sadly admit it.

I declare that World War III is now being waged by short-haired robots whose deliberate aim is to destroy the complex web of free wild life by the imposition of mechanical order.

Listen. There is no choice left but to defend life by all and every means possible against the genocidal machine.

Listen. There are no neutrals in guerilla warfare. There are no non-combatants at Buchenwald, My Lai or Soledad.

You are part of the death apparatus or you belong to the network of free life.

Do not be deceived. It is a classic stratagem of genocide to camouflage their wars as law and order police actions.

Remember the Sioux and the German Jews and the Black slaves and the marijuana pogroms and the pious TWA indignation over airline hijackings!

If you fail to see that we are the victims—defendants of genocidal wars, if you will not understand the rage of the Blacks the fierceness of the browns, the holy fanaticism of the Palestinians, the righteous mania of the Weatherman, and the pervasive resentment of the young.

Listen Americans. Your government is an instrument of total lethal evil.

Remember the buffalo and the Iriquois!

Remember Kennedy, King, Malcolm, Lenny!

Listen. There is no compromise with a machine. You cannot talk peace

and love to a humanoid robot whose every Federal bureaucratic impulse is soulless, heartless, humorless, lifeless, loveless..

In this life struggle we use the ancient holy strategies of organic life:

- 1) Resist lovingly in the loyalty of underground sisterhoods and brotherhoods.
- 2) Resist passively, break lock-step. . . drop out.
- 3) Resist actively, sabotage, jam the computer. . . hijack planes. . . trash every lethal machine in the land.
- 4) Resist publicly, announce life. . . denounce death.
- 5) Resist privately, guerrilla invisibility.
- 6) Resist beautifully, create organic art, music.
- 7) Resist biologically, be healthy. . . erotic. . . conspire with seed. . . breed.
- 8) Resist spiritually, stay high. . . praise god. . . love life. . . blow the mechanical mind with Holy Acid. . . dose them. . . dose them.
- 9) Resist physically, robot agents who threaten life must be disarmed, disabled, disconnected by force. . . Arm yourselves and shoot to live. . . Life is never violent. To shoot a genocidal robot policeman in the defense of life is a sacred act.

Listen Nixon. We were never that naive. We knew that flowers in your gun-barrels were risky. We too remembered Munich and Auschwitz all too well as we chanted love and raised our Woodstock fingers in the gentle sign of peace.

We begged you to live and let live, to love and let love, but you have chosen to kill and get killed. May God have mercy on your lost soul.

For the last seven months, I, a free, wild man, have been locked in POW camps. No living creature can survive in a cage. In my flight to freedom I leave behind a million brothers and sisters in the POW prisons of Quentin, Soledad, Con Thien. . .

Listen comrades. The liberation war has just begun. Resist, endure, do not collaborate. Strike. You will be free.

Listen you brothers of the imprisoned. Break them out! If David Harris has ten friends in the world, I say to you, get off your pious non-violent asses and break him out.

There is no excuse for one brother or sister to remain a prisoner of war.

Right on Leila Khaled!

Listen, the hour is late. Total war is upon us. Fight to live or you'll die. Freedom

Listen, the hour is late. Total war is upon us. Fight to live or you'll die. Freedom is life. Freedom will live.

WARNING: I am armed and should be considered dangerous to anyone who threatens my life or my freedom.

## BELIEVE it or NOT

This letter was supposed to have been written by Tim Leary. I don't think that it was. Parts of it read as if they might have been written by Leary (or cribbed from his writings or albums) but the bulk of the letter sounds like a couple of weathermen dropped acid and sat down to write what they thought Leary would write if Leary were a weatherman. But then maybe Leary dropped acid and sat down to write what he thought the weathermen would write if they were Tim Leary. Or maybe some other people dropped acid and sat down to write what they thought Leary and the Weathermen would write if Leary were a Weatherman or the Weathermen were Leary. Or maybe the FBI wrote it. Or maybe I wrote it. I'm leery of the whole thing.

It really doesn't matter who wrote what. Letters from the underground establish their own reality as soon as the straight media prints or broadcasts the, and anyway, the principals are unavailable for comment.

Tim Leary is one of the founding fathers of the alternate culture, probably the most prestigious dropout in the country, if not the planet. His influence has been tremendous in spreading dope and mysticism and corrupting the youth of this generation, turning them into dropouts and hairy meanaces to society and morals. Up til now his influence on radical politics has been mostly negative. He's helped get kids to drop out of the system, but his religious doctrines have been passive, sort of "if you change your head everything's gonna be groovy, just let the world go by, if you want to make a change, don't do it too loudly, work in the

system" sort of thing.

Now here's something with his name on it that talks of death and war and picking up the gun and making violent change because it's necessary. Not at all passive. I don't know what effect this is going to have on his followers, but I hope it's a big one.

The letter is another big step in the adoption of the alternate culture by so-called serious revolutionaries who two years ago saw dope as counter-revolutionary and music as a diversion. Part of this blending of freak culture with revolutionary politics is a conscious decision by the revolutionaries to gain support, part of it is because the culture has been forced by repression to become more aware that you can't create your own bubble of reality and expect that bubble to protect you from forces in the system that view you as a threat and want to stomp on you.

This is a real change that radical politics and the life style are going through. The politicians are realizing that you can't have a political revolution without a simultaneous revolution in the whole culture (otherwise you merely replace one bureaucratic and inoperable state with another). The freaks are coming to understand that changing your head isn't nearly enough when someone wants to—and can—bust your head because they don't like your clothes or skin color.

The two extremes are approaching each other, slowly to be sure, but they're getting there. What can come out of this synthesis is a force that may truly be able to change the world.

—Dick

What a weird trip...Tim Leary, high priest of LSD, who wanted to go around "turning on the world" has busted out of jail and has joined...the Weathermen?

Some of us were leery of accepting this as for real, mindful of the press-agentry that so many people are into, issuing statements and taking credit for actions that occur without their aid or knowledge. (Remember the heralded "destruction of the induction center" by the Weatherwomen during the October action? Complete with advance press release.) Leary, gentle soul, spiritual godfather to what the billboards for Woodstock call the "peace-love generation"—and he's talking about shooting cops, picking up the gun, sabotage, hijacking and trashing? Come on now.

Come on now, though, read it again. It's a letter written out of much anguish, after a "free, wild man" endured being penned in, caged in, totally in the control of those who sought to repress every joyous aspect of his life.

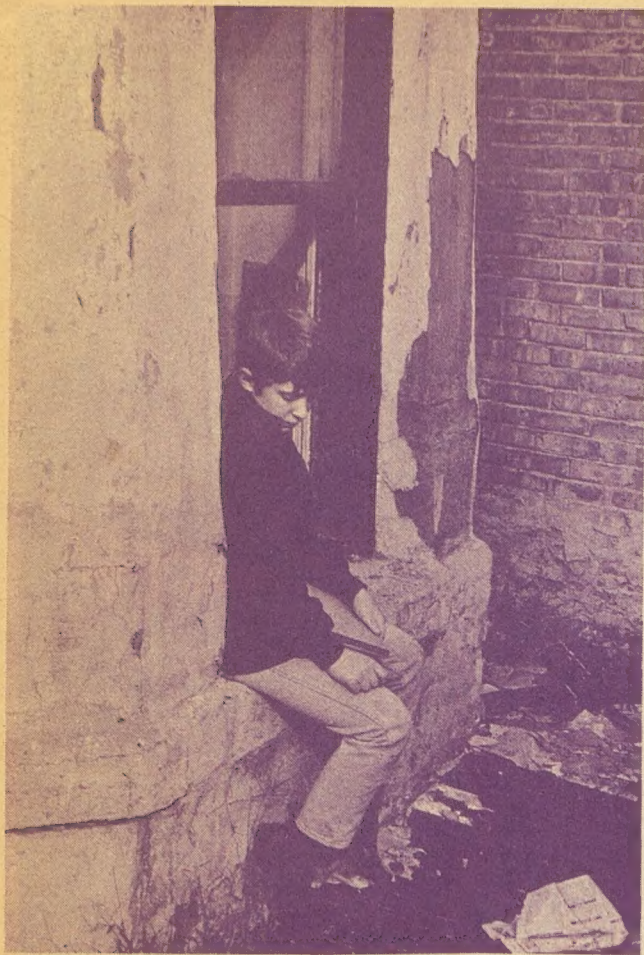
"There is no choice left," he concludes....no neutrals at Buchenwald, My Lai or Soledad... "You are part of the death apparatus or you belong to the network of free life."

A difficult decision, to face up to what that means. Many of us will have to be prepared to die, very soon, if in fact, we choose the side of the life forces on this planet. Slavery, tho, is the living death. "The death of a slave will not balance out two flies on the scales of eternity."

I think the letter is genuine. I think that it is a signpost and guidelight for many of us who will soon have to choose to either really open our eyes to the horror around us (and do something about it), or retreat back into our own heads, awaiting the apocalypse. I can feel and believe in my guts that a man like Leary loves life enough to want to go down fighting. There can and must be flowers for our sisters and brothers, but for those who seek to destroy us there can only be bullets and bombs.

—Bernie





You're the mother of four children. The father has split. Maybe he hated the chaos and sadness of bringing up a family on his slave wages. Maybe he left with the humiliating hope that another man, better able to support the family, would take his place. Maybe he left because he couldn't support the family and knew they'd at least have a roof over their heads, courtesy of the Welfare Department. Maybe he was just an irresponsible bastard. For whatever reasons, he split.

You don't have the bread to hire a babysitter. There aren't any day care centers. Your education was so shitty that you couldn't get a decent job, even if you had the time and energy to work for a wage.

You apply for "welfare."

For the experienced conniver, applying isn't real hard. For the needy mother, it's a horror show. First you have to prove to the Public Aid Department that the man cannot and/or will not provide for the family. It's your responsibility to hunt him down for court. Then you have to go over the minute details of when and where the children were conceived, why you had them if you can't support them, and why you don't work yourself. Just for the record, you are humiliated, shamed, and finally put on the list.

Congratulations! You now have a caseworker full of questions and devoid of authority. You have a local office supervisor, a county supervisor, a raft of state supervisors and advisors, and a zoo of bureaucrats in Washington, all of whom know little if anything about you but everything about what is "really" in the best interest of you and your family.

You do the best you can to keep yourself together and raise "good" children. But you don't have much to work with. Twelve legislators, who comprise the state advisory committee on welfare, determine how much you should and can spend for your family's most basic needs. You get \$90.00 a month to cover the rent, \$9.00 for cooking gas and all electricity, about \$20.00 for heat. So you have to live in the ghet-to. Whatever your "race, color or creed," there's one just for you.

Even in these areas, you can't find an adequate apartment. Because the landlord, Com Ed, and Peoples (?) Gas won't wait and hungry stomachs will, you meet the rent and utility costs by borrowing from your food allowance. But the food allowance isn't going to help much. You get \$26.00 a month for yourself, \$30.00 for each teenager, \$23.00 for kids 6-13, and \$16.00 for each preschooler. That adds up to less than a dollar a day for each person to begin with. Teachers wonder why your children aren't "motivated" and "alert." Bourgeois onlookers wonder why you are asleep when you should be getting the children off to school.

Clothes can wait longer than stomachs. So you rob your monthly clothing allowance to put food on the table. That way the \$6.38 for you, the \$9.78 for each teenager, and the \$6.73 for each youngster can buy a loaf of bread, a quart of milk and a shoe for each of you! Last and not least, there's the personal essentials money, about \$5.00 a piece, carefully itemized down to the very last Tampax, and the "household supplies" coffer, \$1.50. If you can't do your family's laundry on a washboard, you

# WELFARE RIGHTS

even get \$5.00 a month for the laundromat.

A telephone is a luxury item. If your doctor recommends one in writing, or if you need a phone to hold a job, you might be able to get \$4.61 for a party line. This year TV sets went off the luxury list. One aid recipient speculates the the Department figured out that a woman hooked on soap operas won't go to the office to complain.

If you need furniture, you have to specifically request the item, get approval from the office, and then go to a local junk shop to buy within the price ceiling. The furniture is guaranteed to fall apart within a month or two, and you can forget about asking again.

Chances are excellent you can't make it. Now you can be fucked over by the "protective payment plan." The only way you can get the extra money you need is for your caseworker to file a report saying that you have "mismanaged" your money. That way, no report ever says that the allowances are hideously low to begin with. You can receive emergency funds twice; after that a mock investigation happens. It nearly always indicates "mismanagement," which results in a public aid worker or a "responsible" (wage earning) friend or relative giving the money to your landlord, grocer, etc.

Welfare in Amerika is a privilege, and no recipient is ever allowed to forget that. You receive as little as possible, in as demeaning a way as possible.

Welfare recipients began getting it together in Cleveland in 1965. They organized to inform recipients of their rights (they do have a few), to fight through the hideous bureaucracy as a group, and to demand a guaranteed annual income. Chicago was and is a leader in fucking over recipients, so strong welfare organizations came together here in 1965. Women in other cities began organizing. Having been treated like children for years, many women were afraid to take the initiative. In some cities, including Chicago, recipients who considered joining were threatened with having their checks cut off. Many were so ashamed of being on welfare that they wouldn't affiliate with a group. In each city, though, a strong core stuck it out. These first local groups, along with former organizers for CORE (Congress on Racial Equality), came together to form the National Welfare Rights Organization in 1966.

NWRO focuses on structural change. It's main demand is a minimum annual income—\$5500 for a family of four, exactly what the government says is enough for a minimum standard of living. These people know that no matter what stop-gap reforms are proposed, the stigma of welfare and the legally required dependence of the recipient won't go until the whole fucking welfare system goes.

The local chapters—over 350 in 50 states—concentrate on the day to day problems of survival. All the work is done by beautiful sisters, recipients volunteering their time and working off the energy of sheer dedication. They help others fill out applications for emergency and medical aid, they encourage people to forget the impotent caseworker and to hassle the supervisor. They teach recipients about the only recourse they have for gross mistreatment: a kangaroo court appeal through the state Department of Public Aid. Most important, WRO has built up some fear in the hearts of bureaucratic heavies. So when checks are "lost in the mail," or requests for emergency aid are categorically denied, a phone call frequently can get results.

WRO is too busy for rhetoric. The staff is also too busy to organize many mass campaigns. Here in Chicago there have been several actions with predictably dismal results.

WRO's demands have been based on a single idea: that nobody should be denied their basic needs because they live in a system that stresses profit and competition over love and sharing. Recipients have sat in over the State's refusal to raise the tiny allowance for gas and lights. They have shouted for the opportunity to buy things on credit from major department stores in order to take advantage of sales and free themselves from ruthless neighborhood profiteers. Women have been arrested for trying to get enough money to clothe their kids so they won't shiver or be laughed at during gray Chicago winters.

The State's response would have you think that they

were asking for generators, BankAmericards, the latest wardrobe from Field's and a suite or two in Imperial Towers. Last year the women asked for a \$75 fall grant for each child, so that he or she could go back to school wearing decent clothes. The allowance went up \$0.25/month, quite a bit less than the cost of clothing rose.

Last Friday, September 25th, mothers tried to see David Daniels, director of the Cook County Department of Public Aid; Harold Swank, state director; and Governor Ogilvie, who appointed them and theoretically runs the Illinois show. Daniels promised to write a memo to aid offices telling workers not to consider emergency requests for school clothes "mismanagement." There was no action out of Swank. Ogilvie's secretary told the mothers to write the busy Governor another letter.

They demanded that the State obey Federal Law and not cater to the utilities by deducting excess billing from the next check; and that the state simply pay utilities, forget the allowance. The department responded by refusing to pay overdue bills and refusing to raise the allowance. Now the lights go out. WRO demands abolition of a rent ceiling, here \$90/month maximum rent for a standard family unit and \$135 allowed an "exception" (read huge) family. State Director Swank is just getting around to talking about a raise in line with the 1969 standard of living—this despite a 1967 Federal bill that established '69 as the longest the states could take, and a Department of Urban Renewal announcement that a family has to pay between \$140-150 for a minimum standard two-bedroom apartment. The only victory has come out of a combination of sympathy and the search for 18% interest/year on behalf of Montgomery Ward, which offered \$100 credit per person for carefully selected families in good standing with local, state and national WROs.

The atrocities go on and on. The latest is pud Nixon's Family Assistance Plan. Hailed as the "most ambitious" "revolutionary" federal welfare reform bill, it says a family of four should get \$1600 a year benefits. That's \$400 per person, less than what people already get in all but eight Southern states, and \$3900 less than another government department says is minimally adequate. True, it's the best federal bill yet. It ain't shit.

A government is supposed to exist to provide minimum protection and assistance for every citizen. Either it establishes an economic system where in a parent can work for a living wage without sacrificing a family; or it taxes the rich—not the worker barely able to get by himself—to give those unable to work the bread to survive decently. Where the officer of a large corporation "earns" over \$500,000 a year, while laborers get \$6000-\$10,000 and people who can't work grovel for food and shelter, the whole empire and its individualistic, profit-hungry assumptions have to go.

American capitalism has built a box and put over 12 million people in the US inside of it. It turns workers into beggars, adults into children. The Welfare Rights Organization fights to find a hole, to break the vicious dependence the system demands of its victims. Many people are still too intimidated by the whole welfare structure, or too resigned to the shit, to try working collectively. Workers who might well be tomorrow's recipients still fight WRO as hard as the pigs who have a real stake in the status quo. And WRO is a single issue organization, progressive but not revolutionary. Nevertheless, the 2500 members in Chicago, the 100,000 across the country, and the thousands more they touch know what they need. Their minimal demands—dignity and unconditionally given money to live adequately—strike at the heart of the tyranny holding this monster together.

main Chicago office 538-7080

4730 S. Dorchester

— Penny



Twenty thousand people lie dead or wounded in the streets of Amman Jordan. Why are they dead?...and who mourns for them? And who are they?

Gamal Abdel Nasser is dead in Cairo, Egypt, and "world leaders" scurry to attend his funeral. Nixon sends former CIA man John J. McCloy and worriedly scrutinizes Nasser's possible successors, hoping that chances for "peace" in the Middle East are not lost.

And on Tuesday, September 29th, the last six hostages held in the great hijacking caper were released to the International Red Cross, which helped them return home to the U.S.A.

And in the wake of all this, the U.S. House of Representatives, renown throughout the world for it's great love for "peace" voted authorization for unlimited sales of weapons to Israel. House Armed Services Chairman L. Mendel Rivers gave the whole game away when he explained that Israel is "standing alone against communism" in the Middle East and if she falls to the Arabs, "the Soviets will control Mideast oil." If "we give Israel the tools," he told his fellow Congressmen, "she will do the job of protecting the interests of the Western world in the Middle East."

The "peace" Amerika wants in the Middle East is a piece of the action, a piece of the pie. Jordan's King Hussein is like President Spiro will be six years from now when things get heavier. A sneak preview of "lawn-order" taken to it's ultimate conclusion--martial law. The twenty thousand human bodies in the streets of Amman are largely Palestinian refugees or their descendents. Al Fateh leader Yasir Arafat described the scene thusly: "Amman is burning for the sixth day. Thousands of people are under the debris. Bodies have rotted. Thousands of homes have been destroyed. Hundreds of thousands of people are homeless. Our dead are scattered in the streets. Hunger and thirst are killing our remaining children, women and old men."

The plight of the Palestinian refugee began in November, 1947, when the United Nations voted to partition the British mandate territory (read colony) of Palestine. Two states were to be created--one for the Arabs and one for the Jews. What in fact happened was immediate civil war. The largely unarmed, leaderless Arab peasants were badly defeated, and hundreds of thousands became refugees. By May of 1948, the civil war was transformed into an international one, as the British withdrew, the "State of Israel" was proclaimed and the armies of the Arab states finally entered Palestine to aid their kindred. The war lasted about a year, and doubled the number of refugees. Today, there are close to 3 million Palestinians, scattered around the world--with 1.3 million "officially" classified as refugees. Palestinian refugees are by and large living off of meager United Nations Relief rations, with a daily starvation intake of 1,500 calories, lacking in meat, milk, dairy products and vegetables. Flour, sugar, rice, fats and oils is what they get. Eight cents a day, or about \$38 a year. Most of the refugees are in Jordan, where the average yearly income is \$45 to \$50 a person. They are the beggars in the land of the poor. For twenty years they have lived in canvas tents in the desert. In the summer, the temperature gets so hot that the flies drop dead. In the winter, it falls below freezing and the ground becomes half-frozen mud.

So they want their homes, their land back. They want to liberate Palestine, from which they were driven by a newly proclaimed religious state that had little tolerance for their culture and customs, and endless lust for their soil and hearth. Jordan is very naturally the major recruiting ground for the Arab guerrilla movement that is determined to liberate Palestine. But in the process, as the poorest of the poor, as some of the most exploited and oppressed people on earth, they very naturally come into conflict with the powers-that-be in Jordan. Them that has are always somehow content with "peace"--that is, with the continuation of things as they are. So the ruling group in Jordan, knowing that a serious attempt to liberate Palestine will bring it into conflict with the Western powers (sparking a confrontation that can only lead to their own overthrow, either by Western puppets or by the people of their own country) prefer to put the dampener on the guerrilla movement, paying lip service to it's goals but sabotaging it at every turn. In the end, like Hitler, like Diem or Ky, like any tyrant out for personal gain and power, Hussein prefers to gut and destroy his own country and people rather than face the possibility of not coming out on top.

For a while, there was a temporary truce signed. But this very afternoon, as this article is being written, fighting has broken out in Jordan again. Governments, organizations, leaders are what makes a truce. What the people do, is often sometimes very different. Problems don't go away by proclamation. Land, peace and bread--it is unfortunate, but true, almost always grow out of the barrel



Here it is, five o'clock in the morning, and the never tiring Seed staff is still gathered around the lay-out table trying (among other things) to pick a title for this article. Since we couldn't decide on one, here's the possible choices and let the people decide: 'I'd walk a mile for a Gamel,' 'Golda Meir has a better idea', 'The Left is Right in the Middle East,' 'What does it matter, so long as you have your health', 'Yasir, that's my baby!', 'Next Year in Jerusalem,' 'Holy Land Hijinx' 'Aunt Golda's Kitchen' or....choose your own... How about "20,000 Dead In The Middle East"?

#### IDENTITY CARD

Register me  
I am an Arab  
Card No: fifty thousand  
Children, eight  
The ninth will be born next summer  
Are you upset?

Register me  
I am an Arab  
Vocation: Cutting stone with the comrades  
Must cut bread, clothes, and books  
For the children, you know  
I will never stand at your door a beggar  
I am an Arab  
Are you angry?

I am nameless  
Patient where everything boils with anger  
I struck roots here  
Before the olive trees and the poplars  
A descendant of the plough-pushers  
My ancestor, a mere peasant  
No family tree  
My home, a cottage of reeds  
How is that for a man?

Register me  
I am an Arab  
Color of hair, jet black  
Eyes, brown  
Distinguishing features:  
A Keffia and aqul on my head

Hands rock hard and scratchy  
Favorite food: Olive oil and thyme  
Address: a forgotten hamless village  
Where streets have no names  
And all men are in the fields and quarries  
Is that good enough?

You have stolen my vineyards  
And the land I used to till  
You haven't left anything for my children  
Except the rocks  
And I heard it said  
That your government will expropriate  
Even the rocks

Well then  
Register first:  
I hate nobody  
Neither do I steal  
But when I am made hungry  
Then I will eat the flesh of my oppressor  
Beware of my hunger and anger.

--Mahmoud Darwish  
from the Black Dwarf

of a gun, rather than the ink from a signature on a treaty.

It is still possible that the U.S. will intervene directly in Jordan, if all else fails. There are some who insist that Palestine is to be Amerika's next Vietnam. The guerrillas understand who they are really fighting. The Popular Front for the Liberation of Palestine (PFLP) has said that "any American interest will be a target for the revolution regardless of its nature. It will be blown up and swept away to crush the imperialist intervention." The Washington Post was quick to note that "The PFLP has members wherever there are large Palestinian communities in the Arab world, particularly in the Persian Gulf oil-producing states, and in Saudi Arabia. If the Front carried out its threat...sizeable American oil installations would be vulnerable."

The Middle East is a political football, with American industrialists and Soviet bureaucrats competing for the spoils and not giving a hang for the people of the area. The American government and media plays upon people's sympathies for the Jews as refugees from Nazism who needed a homeland, a strange new tune for a country which refused to take in German Jewish refugees when it was really needed and shut it's eyes to the slaughter and genocide going on in Europe until it's own interests made it expedient for it to go to war. Religion is the factor that is played upon--both by the Zionist forces and by the Arab governments, to divide the poor people of the area and stay on top. Anti-Zionism is called anti-semitism, while it is as different as night from day. The Palestinian guerrillas see the need for a multi-national state, a secular state that will provide economic development for the area, and at the same time, human dignity for all the people, regardless of religion. The Zionists justify their excesses, their denial of civil and human rights to the Arabs by a mystical 'chosen people' 'holy land' argument which sustains the old saying about religion: "Religion is regarded by the common people as true, by the wise as false, by the rulers as useful."

If Amerika intervenes in Jordan, it will probably spark a conflagration in the whole area that will topple all the expectations and plans of both the West and the Soviet bloc, proving once again that, in the end, the "people and the people alone are the motivating force in the making of world history."

--Bernie Farber





Final exams begin tomorrow and I suddenly realize that there is a course I signed up for at the beginning of the semester and have completely forgotten about since. I never went to class and I never bought the textbooks. All semester long I've pushed that course out of my mind but here comes the exam and I don't know where to begin. I wake up in such a panic that it takes several minutes before I can reassure myself that it was just a dream.

I have had this dream several times since graduating from college. Moreover, I keep coming across people who have had the *exact same dream*. I suspect that even professors have it.

Kids hate tests. Kids hate school in general, of course, but what they hate most about it is tests. When you get to college, you're supposed to call them "examinations," shortened to "exams." You're supposed to say: "Of course, we all dislike exams. . ." instead of "I hate tests." Some college students even show off how grown up they are by praising a particularly "stimulating" professor for "giving exams that make you think." Meanwhile, behind our backs, the professors trade stories about how incredibly ignorant we are.

"This sophomore, an English major, mind you, thought D.H. Lawrence was an Arabian."

"That's nothing. Wait til you hear about the quiz I gave my Poli Sci class. . ."

Most people have a hard time remembering anything they learned in school. The only concept they really get across is that people are ignorant and lazy and wouldn't learn anything at all if they weren't kept in line with tests and grades. . .

Yet if there is one thing you can say about human beings in general, it's that they're smart. Deer run fast, hawks see far, gophers dig holes—people learn. Learning comes naturally to us, it's built in, it's our thing. Look how easily children learn during the first years of life—until they are introduced to "compulsory education" at the age of six.

**Compulsory education.** What a strange idea. It's like compulsory love. Suppose people were ordered to fuck and tested on their performance. They'd lose all real desire, they'd fake it instead—and they'd tell you it was the only way. "Gee, if they didn't *make* us fuck we'd never do it."

The administrators of compulsory love would be very proud of themselves for being so moder: "in the old days, believe it or not, people weren't even allowed to say 'fuck.' But now everyone has an equal opportunity for supervised sex—and though some of our young people may indulge in nihilistic protests against the system, they are only a tiny minority acting out of personal frustration rather than genuine social concern."

Consider the problem of the chicken. The modern chicken gets plenty of enriched feed full of hormones and

and vitamins. She lives in a dry, warm, well-lighted coop designed to save her the trouble of taking a single unnecessary step. The chicken has no small grievances, just a single big one—her life is not her own.

It's the same way with the people who eat those chickens, and live in carpeted coops. The issue is your life. Your whole life. Either it belongs to you or it doesn't.

When they steal your life, they call it "education" and say they're giving you something. But if it's a gift, why is it compulsory?

At the age of six, children are ready to form bands and roam through the cities, poling around, seeing what's happening, asking questions. But we can't have children playing with our typewriters and automobile engines and cash registers—they'd get in the way and break things, and interfere with the people working, and we're very busy, we don't have the time to answer their questions—so to keep children out of the world, to keep them from learning about it in their own natural way, we lock them up in rooms and call it education. Books about the world they have been locked out of are brought into the school room. The kids are forced to read the books under threat of staying in this nightmare forever if they don't pass the tests. The reason children are locked out of the workaday world is that their questions would be too embarrassing. So many people aren't exactly sure what their job is, or how it fits in with anything else, or why they're doing what they're doing; so many people know, in other words, that they're faking; if the children caught on, it would be all over. The system can't afford to let the children test it; so it tests them.

The children are given twelve years of compulsory education, then declared "free." The nightmare is over. We are adults. We can enjoy ourselves. But no—now they tell us we've had our fun and it's time to get down to work. Whaaaat! We been robbed! Alright, they say, tell you what, you're only seventeen, eighteen years old, still akid really, you're entitled to one last fling. So you join the navy to see the world, or go to college, or something like that. And then you're 21, and it's done. You no longer look forward to getting older. You start regretting birthdays. You settle down. Life is over. There's nothing to do but stall off death. Have some kids and take it out on them.

There are ways out, lots of ways out, as many ways as there are people. You don't have to fight the whole world to win back your life. You can get help from brothers and sisters—not organizations, not leaders, but brothers and sisters trying to keep each other alive and free.

If you're completely fed up with college, if there's nothing keeping you there but fear of making the jump, then shut your eyes and jump. But if you kind of like the place, have lots of friends, etc.—then stay and change

it. Make it free. Free means: NO TESTS AND NO GRADES.

Abolishing ROTC or military research won't make it free. Carrying around a sign saying somebody else isn't free won't make you free. Contributing money to Biafra or signing petitions for Czechoslovakia won't make you free. Your slavery is the tests and the grades. Your enemy is whoever tries to test you and grade you, whether he is a "liberal," a "reactionary," a "Marxist," or whatever.

No tests! No grades! Professors won't stand for it. Without tests and grades, who will listen to their lectures, laugh at their jokes, pretend to be interested in what they pretend to be interested in? How will they make their living? How will they pay for the repairs on their cars? How will they finance their children's education? How will they meet their life insurance premiums? The professors will squawk and try to peck your eyes out. (For instance: if you disrupt a Final Examination, they'll bring in the cops to break your head and shoocha dead.)

The professors will claim to be defending Civilization. Admit it now, if they didn't force you to read Shakespeare, you just know you wouldn't do it by yourself: every clod knows that's true. And if you don't read Shakespeare, who will? We need The Finer Things, Our Rich Cultural Heritage, etc. But then every clod also knows that if the professors had gotten hold of Shakespeare himself, they would have kept him so busy doing snotty little essays about their pet literary heroes that he never would have gotten around to writing plays. The professors only appreciate the dead Shakespeares; give them a living one, and they'll peck his balls off. When the people ask how come you students are kicking up such a fuss, tell them it's because you discovered the professors were faking. They'll know what you mean.

Getting rid of formal tests and grades is only the beginning. The system will look for other ways to keep you on its track. Clever administrators are able to stick the professor inside your own head by means of "honor systems." Force them to give up a formal test at a specific time, and they'll try to turn EVERY MOMENT into a test. You will notice that you've been ranking your own brothers and sisters: who's the coolest, who's the most militant, who's the hippest, who's the best lay. You'll even find that the one who's sharpest at detecting hidden tests gets an A for *that*. You don't get free all in a moment. The thing to do is to *start*.

They tell you that college is a preparation for life. You're not supposed to begin life until you've finished with school. Okay. Take them at their word.

Finish with school.

— Marvin Garson/ NOLA Express



# Milwaukee Three

1. How, in an "attempted murder" charge against one man, can the only prints on the gun be those of another man (a supposed accomplice)?

2. How can a man be charged with shooting a gun out of a car window, when that man was sitting in the back seat of a VW? How can you fire anything out of the back window of a VW?

3. If a shot WAS fired at a cop from a car, why wasn't that car pulled over immediately—instead of being stopped four blocks away from the scene of the non-crime?

4. How can two men be sentenced to 30 years in jail for NOT EVEN WOUNDING anybody? (The third man is at large).

You don't even need to be super-sharp to guess the answers to these questions: the men are members of the Black Panther Party. Their sentences were handed down September 24 in Milwaukee.

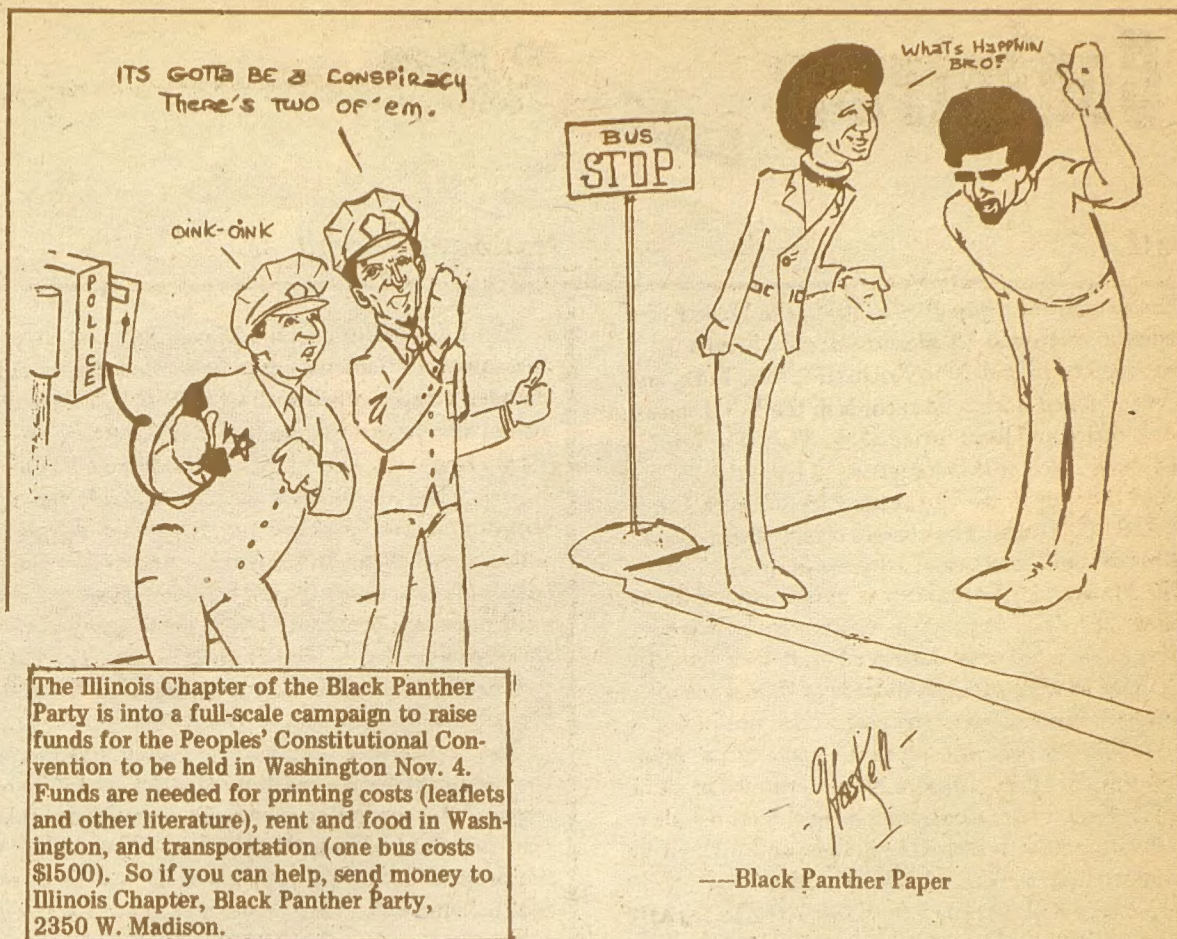
On September 22, 1969, Booker Collins, Jesse White, and Earl Leverette were returning from leafletting Great Lakes Naval Base when they were forced out of their Volkswagen at gunpoint in Milwaukee. They were informed that they had just tried to murder a rookie patrolman 4 blocks away. As one cop sneered, "what do we have here, Black Panthers?" another Tac Squad detective approached Booker, calling him Jesse, and tossed a gun in his hands. He claimed it was the same gun that "Jessee" had fired at Patrolman Schroeder. Thereupon they beat the 3 up and brought them to a line-up where Schroeder identified Jesse as the one who had fired the shot. He couldn't identify the other two (But when the 3 were arrested, Booker was in the front seat—not Jesse).

The railroading goes on. The trial was to begin September 21st, 1970. Lots of action was planned by various movement groups (especially Liberation III in Milwaukee) around the trial. Then the Government discovered that Spiro what's hisface was planning to visit Milwaukee on Sept. 25—the same week-end as Liberation III activities.

Needless to say, they freaked. Secret Servicemen went to Milwaukee D.A. McCann, and told him there had better be NO trouble when Spiro came. Instead of postponing Spiro's visit, or the trial itself, they moved the trial up to Monday, September 14—without giving the lawyer a chance to finish preparing the case.

The verdict came down the 24th, after only 3 hours deliberating. Got everything smoothed away before Spiro came. Liberation III continued its plans. Friday night there was some action in downtown Milwaukee. Seven people arrested. Saturday there was a rally and march on the Lakefront. And Sunday...well, there weren't enough people on Sunday to march to the courthouse as planned.

And anyway, Booker Collins and Jesse White are in jail for 30 years. And the one that got away...



The Illinois Chapter of the Black Panther Party is into a full-scale campaign to raise funds for the Peoples' Constitutional Convention to be held in Washington Nov. 4. Funds are needed for printing costs (leaflets and other literature), rent and food in Washington, and transportation (one bus costs \$1500). So if you can help, send money to Illinois Chapter, Black Panther Party, 2350 W. Madison.

—Black Panther Paper

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Gordon Lightfoot's debut album on the Reprise label has received unimpaired critical reaction of the favorable variety, to wit:

"Lightfoot's newest recording, his first LP on the Reprise label, is such a beauty and so gorgeously produced that it took me half a dozen full playings before I could even start thinking about commenting on it."

—Philip Elwood  
San Francisco Examiner

"... there is a lot of Gordon Lightfoot in this album, as well as some of the best material that Lightfoot has ever done, and, with songs like Cobwebs and Dust and Me and Bobby McGee, some of the nicest folk music on record anywhere."

—Jud Rosebush  
Rolling Stone

"His songs are personal statements about the human condition that carry more than just a crisp phrase or a good tune."

—Robert Hillburn  
Los Angeles Times

"The recording and production are overwhelming."

—Bob Chorush  
Los Angeles Free Press



Gordon Lightfoot recorded the album in California, long known for its thriving colony of Canadian musicians, with some excellent musical assistance from Randy Newman, Ry Cooder, John Sebastian and Van Dyke Parks, not to mention his regular brilliant sidemen, Red Shea and Rick Haynes.

This best new Gordon Lightfoot album may be found in better record stores (which can order and reorder it as Reprise RS 6392) and in the form of Reprise tapes, distributed by Ampex. In addition to the highly-praised title song, "Sit Down Young Stranger" contains "Minstrel of the Dawn," "Me and Bobby McGee," "Saturday Clothes" and "If You Could Read My Mind," to name about 40% of it. Highly recommended.

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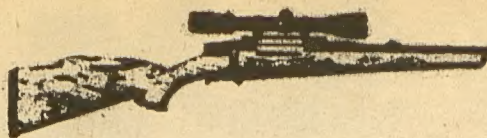
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# Conspiracy



## Draft

On the night of September 5, 1970, the Flower City Conspiracy destroyed 1A files in Selective Service Boards 73, 74, 75 and 76 in Rochester, New York, and they entered and destroyed records in the U.S. District Attorney's office and local office of the FBI. The eight were apprehended as they prepared to leave the building, and they are now in the Rochester City Jail with bail set at \$100,000 each. The charges against them could bring maximum sentences of 13 years in prison.

The Flower City Conspiracy is unique among the approximately 281 draft-destroying conspiracies in two respects: 1) they not only destroyed draft files, but FBI RECORDS as well, and 2) hundreds of thousands of dollars have been raised in the past to bail out peace and freedom activists who act in the name of the poor and oppressed—while the poor have continued to sit in jail. The Flower City Conspiracy believe that people's lives should not be measured in dollars, and will not be bailed out of jail UNTIL ALL BAILABLE PRISONERS HAVE BEEN RELEASED FROM ROCHESTER JAILS.

If you want to help ALL the people, make checks payable to: Rochester Bail Fund, P.O. Box 1802, Rochester, NY 14603.

## National Guard

Eight men—four of them Illinois National Guard Sergeants and Captains—have been handed federal indictments and charged with CONSPIRACY to keep young men from being drafted into the Army, by falsely identifying them as members of the Illinois National Guard. Three of the Guardsmen are already serving terms in Sandstone, Minnesota, for earlier charges of aiding and abetting draft evasion. And in case spiro what's his face wants to pass this one off as illegal acts by young radicals, or campus bums, let's remind him that these men are 49, 37, and 51 years of age. The fourth guardsman involved in the conspiracy, Sgt. Kenneth Morton, has not yet been arrested.

The "conspiracy" came to light after enlistments in the National Guard were shut off in fall of 1968—which required the conspiring guardsmen to make out false reports to draft boards that the men had enlisted. We are not privy to details about just how many records were falsified, and how many people this new conspiracy kept out of the Army. . . But if all this has been happening since 1968, we can suppose that a substantial number of numbers got passed by.

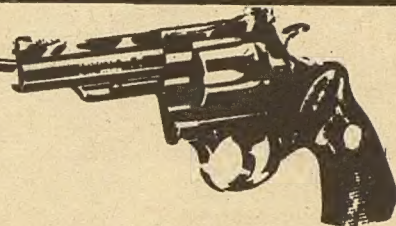
## Officers

Army, Air Force, Navy and Marine officers are jumping a bit late into the anti-war movement, but at least they're jumping in. The first, "official" organization of anti-war officers, called the Concerned Officers Movement has been formed, representing about 250 officers, many of them veterans of Vietnam. The group has announced that they intend to publically criticize the war and national policy, from both a political and moral point of view.

Lt. Lewis Font, an honors student graduate from West Point and a spokesman for the group, is trying to get a CO discharge from the Army. Font says "I personally refuse to participate in the Vietnam war. I simply will not go. I have asked myself time and again when the law becomes a crime, consensus and conformity becomes a crime. Am I to condone it? My answer is no."

Another member of the group Captain Edward Fox, of Chicago, issued a statement condemning chemical warfare in Vietnam. He said, "Defoliation compounds have caused spontaneous abortions of the unborn children of Vietnam. . . Is this war, or is this genocide?"

Pretty heavy statements coming from army officers.



# Yippie!

Is anything moving in the "movement"? Seems that anti-war organizations are already sharply divided between the single-issue (War! Huh! what is it good for? Absolutely nothing! Huh! so BRING THE BOYS HOME NOW) experts and "the others." The "others" are some of the traditional peace groups who are admitting (publically) that the war in S'E' Asia is not an isolated problem, but part of Amerika's entire system of institutionalized racism, repression and sexism. In a series of conferences in Milwaukee beginning last June, white, liberal/radical peace groups tried to get it together with people (people in collectives, unions, the NWRO, SCLC, Chicano groups, women's liberation) and came up with something called NCARR (Can't pronounce it? Well, it's the NATIONAL COALITION AGAINST WAR, RACISM AND REPRESSION). If the Coalition coalesces, it will be based on not a "We'll help you-you help us" attitude, but also a "we need you-you need us-we are all

in this together" feeling. Emphasis is to be given to actions on the local and regional level with the idea that each of the groups in the Coalition actively support the other, and build all the little movements into a cohesive viable force.

A regional office for the midwest area is being set up at the office of the Chicago Peace Council, 343 S. Dearborn (922-6578). If you, as an individual or a group, are interested in the Coalition, or in any of the actions outlined below, call them and see what's happening. Some activities planned by the Coalition in the midwest region are:

1. Two weeks city mobilization prior to elections in November, like not only leafletting and rapping, but (dare we say) civil disobedience.
2. Supporting the Chicago Welfare Rights Org. in their demand for more funds for school clothing, and for a \$5500 guaranteed annual income. Demos are plan-

ned for Oct. 30 around welfare offices.

3. Circulating the National Genocide Petition, and organizing around the presentation of the petition to the United Nations in N.Y. on or about Nov. 15.

4. Supporting the UAW strike by bringing food to strikers, and calling for a boycott of GM and Chrysler.

5. Supporting the Chicano Moratorium and helping to raise bail funds needed for those busted in the L.A. August 29 police riot. (Bail money can be sent to: Chicano Legal Defense Fund, 920 S. Atlantic Blvd., L.A., Calif. 90022.)

6. Organizing a boycott of Standard Oil—one of the largest war contractors, polluters, and upholders of unsafe mines, and discriminatory labor practices.

7. TOP SECRET plans for shutting down Washington next May if the war isn't over. You'll be hearing more about this one.



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# Free City

## Information & Help

**FREE CITY EXCHANGE** is back in operation again, with phones open from noon to midnight every day - 281-7197. Free City's our own radical community switchboard. It isn't tied into or financed by the city or some millionaire. It depends on you for support. FCX is in the business of exchanging information, offering places to crash, info on health care, rides, jobs, legal aid, draft counseling, runaways, bad trips, and a lot of other things. In order to give out this information, you have to give them some. So if you have a ride to someplace, a place to crash, etc, call them and they'll pass it on to someone who needs to know. 281-7197. 281-7197.

**THEY NEED HELP!!** Free City Exchange is getting evicted from their present offices and have no place to go and hardly any money. If you know of a storefront, an office, a cave or something that they could have cheap or free, give them a call right away. Please? They'll be thrown out October 7th, so they need a place **RIGHT NOW**. And if you have some extra bread, pass some on to them. It's really needed.

**THE DEPOT** is a southside (Hyde Park) center for runaways. They're good people who'll help you out and won't turn you in to the pigs. Call 955-9347.

**KOOLAID** is a new southside center trying to coordinate straight agency services, push those agencies to provide the services they claim to offer, and plug people into referrals. The agencies range from Looking Glass and Cadre through radical therapists and churches to city-run offices. Call 664-0505 if you need medical treatment, legal services, draft counseling, someone to talk to during a bum trip, etc. The office is at 12 E. Walton, and is open from 1 PM to 2 AM through Thursday and 24 hours on weekends.

**LOOKING GLASS** is a runaway center located at 1725 West Wilson Ave. If you've done run off and abandoned your parents and the cops are after you and you got no place to go, go to Looking Glass. They won't turn you in and they may be able to help you. Call 334-2601. They also have a legal clinic every Tuesday and Thursday from 8 to 10 pm.

**Y.A.T.S.** - Youth Aid Telephone Service is around to give aid, information, or just rap. If you can use them or need the, call -775-2211 - nothing will be done without your consent. They will deal with runaways, bum trips, family and school problems, pregnancy, etc. If you need to rap about anything, call them. Any evening or night - 775-2211.

**PEOPLE'S INFORMATION CENTER** - 2154 N Halsted has information available on the Black Panther Party, the Young Lords, has Rising Up Angry and other Revolutionary papers and literature. 549-8626.

**YOUTH AND COMMUNITY OUTREACH** of Palatine is at 37 North Plum Grove rd, Palatine. They have referrals on drugs, schooling, family problems, pregnancy, VD, pig hassles, crashing, jobs, legal and medical aid, etc. Open 24 hours a day --- phone 358-6702.

**FREE CITY AIRWAVES** is:

**RADIO FREE CHICAGO** is on WEAW FM, 105 on your dial every night from midnight to 5am. The shows are put on by four collectives: the Suzy Creamcheese Collective Thursdays and Fridays at midnite; the Rising Up Angry Collective on Saturdays at midnite; and the Kokaine Karma and Planet Knows collectives whatever days they manage to get together enough to make it up to the studios. Call and rap on 273-3330, and call if you have news or community announcements - they need them.

**TRIAD** is on WXFM, 105.9, from 8pm to midnite Monday thru Friday with music and news. Listen.

**UNDERGROUND NEWS** on Channel 44, Monday thru Saturday, 11:50 to midnight. Get the news about your brothers and sisters on the tube while listening to music by Triad. Call Linda at 929-1200, 430 W. Grant Pl.

**DO IT NEWS** on WGLD (102.7FM) every Monday through Saturday at 11AM. John Ryan gives the latest news and listings of current happenings in our community.

## Community

**ALICE'S REVISITED** is open every night except Monday now. Check the Seed Calendar for the schedule of events. Alice's is a political, social and cultural center for our community. They have information boards, space for just rapping, outtaste bands and movies, and good food and drink. More people are needed to help expand their programs (especially the children's show and the community library.) Donations are \$1 (50 cents for servicemen).

**THE BOOKSTORE LTD** trades, buys and sells books, takes crafts and almost anything on consignment. Has access to industrial sewing machines for those who know how to sew and a highly potential market for individually styled clothes - bring your own materials or sew with ours on a consignment basis. 2478 North Lincoln Ave. 549-8814.

**FREE CITY CLOTHING** is now at Concerned Citizens Survival Front, 2512 North Lincoln, and the Free City Exchange, 2261 N Lincoln. If you need it, come and get it. If you got it, go and give it.

**FREE CITY FOOD** is into supplying free feeds for the community at our festivals and events. They need your help to continue, so give them a call at the Free City exchange. Donations of money, time, and food are most welcome.

**FREE CITY MUSIC** is being run by Euphoria Bump Works this time around. All the free music got run out of the parks this summer, and there aren't too many places you can do up a concert for free indoors these days. So instead of free music we have Cheap Music \$1 or so, the money to go to the bands and to the hall. Help them get it together by calling 368-0140.

**FREE CITY TRANSPORTATION** is now established. If you have any free time and something to drive, and you dig helping people, contact Yusuf at the Free City Exchange, 281-7197

**FREE STORE** At the Youth Help Center of Grace Lutheran Church, 555 West Belden wants all the old stuff you don't need - like clothes, books, furniture, money, etc, so they can set up a Free Store. Bring your stuff to the Church from 11am to 5pm weekdays, or evenings by calling 929-3553.

**GRACE LUTHERAN CHURCH** at 555 West Belden holds free feeds every Wednesday at 6 pm (if you help to prepare it), has advice on problems between parents and runaways and has leads on housing. Their phone is now 929-3553 and is open 24 hours a day.

**HARPERS FERRY ORDNANCE** has rifles, shotguns, ammunition and shooting supplies. Hours are from 11am to 5 pm Saturdays. 180 North Wacker, Room 605.

**THE PEOPLE'S DIRECTORY** is currently being put together to coordinate skills and crafts in the Lincoln Park area. "The Directory is not advertising for already existing and available capitalistic enterprises, but a peoples information service." It will be published in both English and Spanish. Call 525-7748 and announce your skill or ability to help the project.

**VISIT A CAPTIVE.** The Black Panther Party is starting a program to enable visits by families and friends to the prisoners being held in the many prisons and jails around the state. If you know of any church, school or organization that has transportation and can donate some time to the program contact the Black Panther Party. Rides can be arranged to St. Charles, Sheridan, Vandalia Menard, Joliet, the House, and others. For more info call the Black Panther Party or Rising Up Angry.

**THE WHOLE EARTH STORE**, 545 Dempster in Evanston, is a bookstore that's in it for a lot more than the money. "Community copies" of each book on sale are available for reading in the store, and people are asked to bring books by so that a circulating library can be set up. Also planned are the stocking of some of the materials listed in the Whole Earth Catalog and rap groups on ecology, health, community, counter-culture and radical politics. Call at 491-9555 for further info.

## Organizations

**THE ILLINOIS CHAPTER** of the **BLACK PANTHER PARTY** publishes a community bulletin, operates seven community centers, three breakfast programs, a medical center, and the National Committee to Combat Fascism. They need money, breakfast foods, office equipment, office supplies, mimeos, paper, and cars. The office is at 2360 W. Madison, call 243-8276 for more information.

**COMMITTEE OF RETURNED VOLUNTEERS** is an organization of returned overseas volunteers (peace corpse, etc) doing research into American Imperialism and working in support of all anti-imperialist movements. They're at 840 West Oakdale, call 477-3340

**CONCERNED CITIZENS SURVIVAL FRONT** is a leader in the struggles around urban removal, racism, adequate medical care, decent food and clothing programs, and the overall needs of poor and oppressed people in the Lincoln Park area. Give them a call at 348-6842 or come by at 2512 North Lincoln Ave.

**THE EVANSTON PEACE CENTER** has a draft counseling service, a library and a bookstore among other good things. The draft counselling service is: Tuesdays from 7 - 9pm; Wednesdays from 1 - 4pm and from 7 - 9pm. Thursdays from 11am - 2pm and 7pm to 9pm. Fridays the sessions are from 12 noon to 2pm; Saturdays from 10am to 4pm; and sundays from 1pm to 4pm. The regular hours of the center are from 10 to 4 every day. For more information call 475 - 2260.

**GAY LIBERATION** is dedicated to freedom for homosexuals to live without fear of repression and to develop points of solidarity of gay people with other oppressed peoples.

SEE GOOD NUMBERS

**CHICAGO BRANCH** of the **INDUSTRIAL WORKERS OF THE WORLD** is part of America's oldest genuine radical labor organization. The office is shared with the national headquarters at 2240 N. Lincoln. The hall is available for use by community organizations for meetings, socials and benefits. Volunteer office help is welcome, call 549-5045 for help in job situations in need of labor organizers. Meetings 1st Friday of every month at 8:00 pm.

**LADO** - The Latin American Defense Organization is from the Latin community of the Near Northwest side of Chicago. LADO was founded in September of 1966 and has concentrated on attacking the problems of welfare recipients. In addition, LADO has acted on a number of complaints of police brutality. The latest programs are the Center for People's Health, and in addition to the welfare union, LADO is organizing around the problems of workers in the community, creating a mass involvement in the organization. Call 276-0909 or go by the office at 2353 West North Avenue.

**LA DOLORES WOMEN'S LIBERATION CENTER** has moved to 2150 N Halsted, and their new phone is 935-0364. La Dolores has lots of programs: introduction to Women's Liberation; rap groups; Marxist study groups; Women's history groups; self defense classes; and day-care committees. To mention only a few programs. The center is open til around 11 pm every day. Call or come

**MEN AGAINST COOL** are a group of men trying to deal with the ways in which men oppress women, other men and themselves. They are holding continuing rap sessions on these and other related topics. For more information call 248-9622 or 477-9771.



# Directory

**MOVEMENT FOR A DEMOCRATIC MILITARY** is trying to get a little democracy into the armed forces by organizing active duty GI's. They operate a bookstore and an office at 1303 Morrow in North Chicago. For information call MDM at 689-2525.

**NORTH SIDE CO-OPERATIVE MINISTRY** is involved in too many programs to list here: they are working in the areas of promoting peace, low income housing, education through a Headstart program, common pantrys and a bail service. They need volunteers, food, lawyers, medical supplies, and bail money. Call 281-0690 if you need what they got or you got what they need. Come to 2507 North Greenview.

**THE PONTIAC FOUR DEFENSE COMMITTEE** has been set up to defend four Chicagoans accused of ripping off a draft board in Pontiac. They need money to cover heavy bond expenses, legal fees, etc. If you can spare some, send donations to the Pontiac Four Defense Committee, 542 S Dearborn, Room 1403. Also, they need speaking engagements, benefits. If you can help, call 427-3072.

**RISING UP ANGRY** is an organization of brothers and sisters both grease and freak throughout the city. They publish a newspaper, hold open raps, cool out fights between the gangs and try to get the people together to fight the real enemy, have a womens group, and help brothers and sisters who are harassed and busted. Box 3746 Merchandise Mart, or call 472-1791.

**STUDENT HEALTH ORGANIZATION (SHO)** works to bring health and medicine to the streets. They are involved with several of the medical centers listed in this directory, and they welcome volunteers. Help smash the profit-oriented medical industry. 493-2741. 1613 E. 53rd.

## WOMEN'S LIBERATION

### SEE GOOD NUMBERS

**Health Center** - will offer minor gynecological services in the fall, call Pat McGauley at 373-1420 for more information. Summer classes in prenatal care, birth control, sex education, abortion counseling and others are being offered. Call Toby Silvey at 324-4985.

Problem pregnancy counseling and services are available through Jane (Women's Liberation) - 643-3844

**THE YOUNG LORDS ORGANIZATION** fights for the right of Puerto Ricans to exist in decent conditions, as well as for a free Puerto Rico. They have been the target for heavy police harassment and are in desperate need of bail money and money for legal expenses. Call 549-8505. 834 W. Armitage.

## Health Centers

These clinics are set up primarily to serve the community in which they operate. All of them are understaffed, overworked and broke. If you haven't got the money for a doctor, then go to the clinic nearest you (call first). But if you can afford a doctor, don't go to a clinic just because you want something for free. These centers are run to provide decent medical care to people who might not otherwise even see a doctor. Don't fuck them up, they don't need freeloaders.

**BENITO JUAREZ COMMUNITY HEALTH CENTER** is located at 1831 S. Racine. It's open every wednesday night. Call 243 - 4844.

**COMMUNITY HEALTH ORGANIZATION OF ENGELWOOD, INC.** is at 140 West 62nd Street and is open on Monday and Wednesday nights. Call Alexander Ben at 955 - 3220.

**DR. E. BETANCES FREE PEOPLES HEALTH CENTER** is operated by the Young Lords Organization a Peoples' Church, 834 W. Armitage. It serves people living south of Fullerton Ave in the Lincoln Park area, and is now pressuring Grant Hospital to have more social relevance to the people of the community. Call 549-8505 for hours and services, or contact Alberto Chavira at 549-2927.

**CENTRO PARA SALUD DEL PUEBLO** is operated by the Latin American Defense Organization for the people in their community. Call 276-0900 for information and hours.

**THE FRITZ ENGELSTEIN FREE PEOPLE'S HEALTH CENTER** is at the Holy Covenant Church, Wilton and Diversey. It serves people living between Fullerton and Barry and between Clark and Racine. Hours are Mondays from 6 to 9 pm and Wednesdays from 3 to 9 pm. It provides medical care, checkups, shots, disease tests, referrals for health, housing and legal problems, child care and education in family health care, first aid, and nutrition. 348-6842. The health center is in desperate need of doctors and nurses. So, if you are a doctor or a nurse, please see if you can help them continue to provide.

**IRENE JOSLIN CLINIC.** Is at 405 Central Ave, in Northfield. Call 446-8910 for hours and services.

**SPURGEON "JAKE" WINTERS FREE PEOPLE'S MEDICAL CLINIC** is operated by the Black Panther Party and provides free health care for the community. They are at 3850 W. 16th St, 522-3220. Donations of money, and medical supplies are welcome.

**WELLS - DARROW EVENING MEDICAL CENTER** is at 624 East 38th Place. Further information is available by calling 373-0514.

**YOUNG PATRIOTS UPTOWN HEALTH SERVICE** is at 4408 N Sheridan. The clinic needs money to buy drugs and supplies for people in the Uptown area. The free clinic is now open Monday through Thursday evenings at 7pm. The clinic will NOT treat cases of VD for those not living in uptown, since that treatment is available free from the board of health. The phone for the Uptown Health Service is 334-8957.

## Legal Aid

**AMERICAN CIVIL LIBERTIES UNION** handles cases where points of constitutionality are involved. Won't usually represent you on ordinary garden variety grass, riot, or disturbing the peace busts. Call 236-5564.

**COUNTER CULTURAL LAW PROJECT** is a group of lawyers and law students who want to help with the legal hassles of living a free life in Chicago. If you are living the revolution and are being hassled, call Lee or Bill at 649-8576 or drop by 360 E. Superior Street.

**LEGAL WELFARE CLINIC** is held every other Tuesday from 6 to 9 pm at the Concerned Citizens Survival Front. Call 348-6842 for more information.

**THE PEOPLE'S LAW OFFICE** handles criminal law cases free to members of revolutionary organizations, others according to their ability to pay. 2156 North Halsted, 929 - 1880

## Printing - Art

**J.S. JORDAN MEMORIAL PRINTING CO-OP** prints for the community at co-operative rates. Donations of paper and printing supplies are welcomed at this Wobbly shop. (L.U. 450) 6710 N. Clark or 973-0219.

**OMEGA POSTERS** prints for the community. Omega grew out of the CADRE printing program. They can print sizes up to 11 x 17 in up to four colors with the color separations provided. 711 S. Dearborn or call 684-6227 or 939-7672.

**RED STAR PRESS** prints for the community at very reasonable rates - cheap but very good. Can do four color up to 17 x 22 inches. Joel will be happy to teach you to run a press. 180 N. Wacker, 641-1576

**WOMEN'S REVOLUTIONARY ART CO-OP** is forming "to help women break the chains of the colonizing brainwashing that we have been subjected to all of our lives" and "to open up another front against the Amerikan Fatherland. We say ART BELONGS TO THE PEOPLE!" Call 935-0364. Meetings are at La Dolores Center, 2150 N. Halsted, Wednesdays at 7:30pm.

## Classes

**THE PEOPLE'S SCHOOL** is operating on two fronts - survival through learning technical skills in communications and liberation through student-developed curricula - ranging from academic courses in Afro-American history to running a Saturday evening coffehouse. They have been operating a student-run food coop and starting October 10th will be operating a coffehouse, with folk music, old movies and rapping. Their address is 4408 North Sheridan, the phone is 561-6737. They are in great - urgent - need of money to buy a van for the food coop. If you can spare some bread, please give

**FREE UNIVERSITY ON COMMUNES** runs a series of workshops in communal living. If you live in a commune, want to live in one, or have plans to start one, you should get ahold of Steve or Mark at 477-9771.

**FREE UNIVERSITY** There's a Free University forming in Chicago. At Last. If you're tired of all that boring, irrelevant shit that passes for education in an official high-school or college, give the Free U a try. They need books, magazines and other research materials for the library of radical materials. Call 549-4595.

## Draft

**CAMP** has counselors at the following locations to provide advice on discharges for hardship, CO and other reasons, as well as lawyers for Court Martials, political problems, etc, for active duty servicemen and reservists. problems etc, for active duty servicemen and reservists.

AFSC  
CADRE  
MCDC

### NORTH SIDE:

Wellington Ave Draft Counselling. Wellington Ave. Congregational Church, 615 Wellington, 935-0642  
Uptown Draft Information Service, Hull House, 4520 North Beacon; 561-8033 Monday evenings.  
Chicago Area Draft Resisters (CADRE), 519 W' North, phone 664 - 6895  
Ravenswood - Uptown Interfaith Fellowship; Barry Methodist Church, 4754 N. Leavitt, 784-3273

### SOUTH SIDE

Chicago Black Anti-war, Anti-draft Union. 446 S' Michigan Ave. 11am to 6pm daily. Also at YWCA, 300 E. 39th St., 7pm to 9pm Tuesday and Thursday.

Hyde Park Draft Information Center, 5615 S Woodlawn 363-1248  
Mandel Legal Aid Clinic, 6020 S University, 324-5181  
South Side Draft Information Center, 2355 W 63d, 2nd floor, 925 - 3686

### WEST SIDE

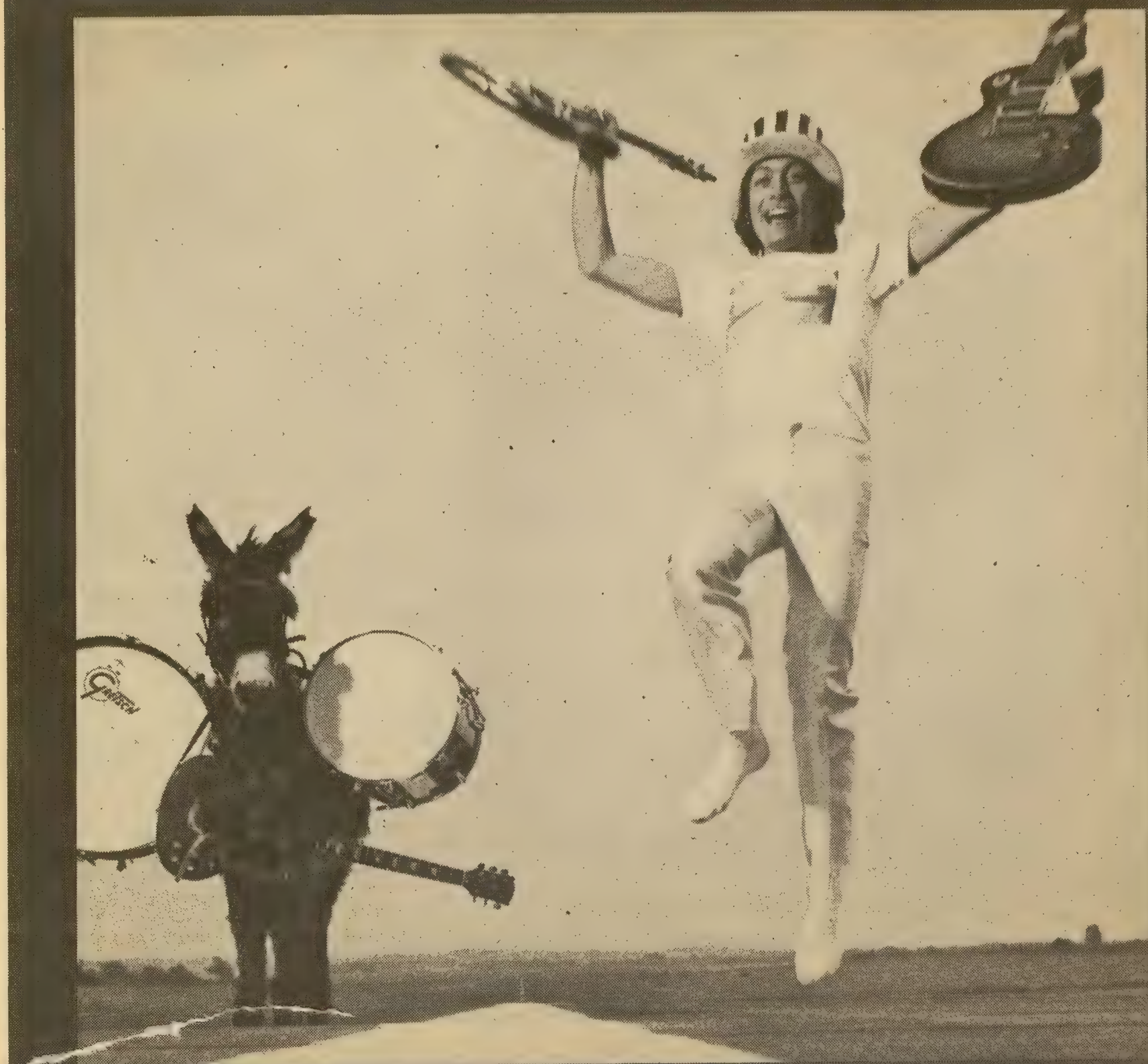
Lawndale Draft Counseling Program, 277-3140 or 762 - 2010 after 6 pm  
Austin Draft Counseling Center, 5903 W Fulton, 626 - 9385

### SUBURBS

Gary - Lake County Draft Information Center, 3525 Jefferson, (219) - 887 - 5037  
Evanston - Peace and World Affairs Center, 926 Chicago 475 - 2260  
Maywood - West Suburban Draft Counseling Center 100 S 19th Ave 344 - 2343  
Lombard - Draft Counseling Center, 1 S Park, 2nd floor 629 - 9146  
La Grange - Area Draft Information Group, 24 W Burlington, 352 - 6677  
Techny - North Shore Draft Information Group, Divine Word Seminary, 1835 Waukegan Rd, 272-2700  
Naperville - Council of Churches Information Center, 34 S Washington, 355 - 0210  
Oak Park - Village Draft Counseling Information Service, 1st Presbyterian Church, 931 Lake St, 383-1872.

**GOOD NUMBERS  
ON PAGE 25**





# **'GET YER YA-YA'S OUT!'** **The Rolling Stones in concert**



Manufactured by **ALCO** Records, Inc  
1700 Broadway, New York, N.Y. 10019



Distributed by London Records, Inc  
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## HIGH

## School



Many of us are now back in school and "settled," but still no action. People are sitting on their asses waiting for someone else to do it. They won't. If you want something done, you must organize. . . you must do it. There should be and there must be people at each school doing a paper and organizing a student union, but there aren't.

If you want to do a paper or do some organizing at your school, contact us. We can help provide all necessary information and possibly names of other people at your school who are into the same thing. It may also be possible to get injunctions against schools having dress codes, barring underground newspapers; etc. Also get a hold of Mitch when anything happens at your school so we can put it in the next article. The time to do it is now.

## HIGH SCHOOL RADICAL UNION MEETING

There will be a meeting of the High School Radical Union Sunday, October 11, at 1 pm. We will probably be meeting at Wobbly Hall, 2460 N. Lincoln in Chicago. Among the things that will be discussed are the possibilities for a Chicago high school press service, how to do a newspaper, the care and feeding of the mimeograph machine, the situations at schools in the area, and so on. To confirm the place or get directions call Mitch at 929-0133.

## TEACHER STABS STUDENT AT EMMET ELEMENTARY

Darell Martin, a thirteen year old student at Emmet Elementary School, was stabbed in the chest last week by his social studies teacher. The man, Joseph Hubbard Jr., is a full time substitute at the school. The reaction from the brothers at Emmet and Austin was to want to tear the school apart.

## MORE TROUBLE AT SENN

The people have started fighting each other instead of the pigs again at Senn. It seems like everything started when a black got into a fight with someone from a gang. The school ended up with seven fire alarms on Tuesday, police in the school, and police escorting blacks to 'L' and bus stops.

## THORNTON

A student was expelled from Thornton Township High School last Thursday because he came to school with a hangover. A final hearing was held Tuesday (so he wouldn't have enough time to get a lawyer) at which the student was not allowed to make any statements in his own defense. The school decided that the kids should be put in a 'special education' class second semester, usually reserved only for 'mentally retarded,' in which he will earn one instead of the usual four credits. The only thing the school seemed concerned about at the 'trial,' was where the student had bought the liquor.

Thornton also has campus police that are sweet enough to hide behind bushes between classes so they can catch people smoking.

## GEORGE WASHINGTON

George Washington High School has the grease-freak problem that many other schools do, except there are only about a dozen freaks. Things are pretty heavy there, so there is a lot to work together for. . . but still nothing happens.

Last June the "principal" expelled two and suspended three people for wearing blue jeans to prison. He "explained" that dress codes made for the whole school may be unconstitutional, but each individual teacher has the "right" to tell their students how to look and dress. Other atrocities committed include the dry shaving of a student because he chose to wear a mustache.

Things are starting out quietly this year, but the people must be ready when the shit starts flying. If you go to George Washington and are interested in repealing the dress code, bringing grease and freak together, and fighting other oppression there, call Mitch at the Seed to get in touch with other interested people at your school.

## MAINE SOUTH GETS CLOSED CIRCUIT TV IN PARKING LOTS

The ultimate refinement in student surveillance is being installed in the parking lots at Maine South. . . closed circuit TV cameras.

## GATES HOUSE

Gates House, a church-run student-oriented youth center in Wilmette, has survived a recent attempt by local honks to close it down. A meeting of the Village Board failed to find that noise level and drug use were anything out of the ordinary. The whole hassle shows how afraid the ruling class is that thier kids will start taking small steps toward being together and realize who they are and how unjust it is for them to be what they are.

*The following letter was sent to the Seed about a month ago by a teacher at a school for the mentally retarded who wanted her name withheld:*

## SEED:

I bring to your attention the following cases which suggest that the city is creating a new caste of "niggers" to replace those who are getting too smart; perhaps the black brothers who read your paper will warn them of what is to come.

CASE no. 1: \_\_\_\_\_ Alverico—eight year old boy, kicked out of Lamoine for hitting a kid who tried to steal his coat. Excluded on basis of medical records which showed brain damage. Opinion of school psychologist: unable to do kindergarten work; behavior problem, language barrier. Facts: child did not even speak Spanish—father is Puerto Rican. I told mother to get lawyer. Result: child now in top of 4th grade class—reads fluently.

CASE no. 2: \_\_\_\_\_ Salas—Mexican—one of five girls, all in "mentally handicapped" class. The child

could write in English before she was six. She's bi-lingual, poised, dignified, and exceptionally bright. She was tested by the Board of Education and given a 50 IQ and was placed in a trainable mentally handicapped class (for severely retarded). FACTS: child's family has a racial bias against Puerto Ricans. The test was administered through a 4th grade Puerto Rican interpreter; she refused to respond. Diagnosis by Bd. of Ed.: "speech handicap."

CASE no. 3: \_\_\_\_\_ School, Board of Ed. TMH class—teacher arbitrarily assigns anglo name to each Spanish child explaining, "the sooner they become americanized, the better."

## CASE no. 4

M\_\_\_\_\_ family—eight children who attend Lafayette school where they are in non-graded classes. All are totally illiterate. All are bright and well-behaved. The oldest has been in 1st grade for six years. In the last month he has been coming unofficially to my school and is teaching himself to read. FACTS: parents have complained that Lafayette school is a dumping grounds for Latin children all over the north and west sides. Children are transferred there by the hundreds. They rot there until they "graduate."

OFFICIAL EXPLANATION: Lafayette has a "special bi-lingual program" for Latin children. FACTS: Bullshit—these kids learn as fast in English as in Spanish. Nobody is teaching them.

I call for the investigation of Lafayette school and other institutions that are ignoring the growing problems of the Spanish community, that remain insensitive to the cultural difficulties of increasingly disadvantaged Latins. I call for the organization of these communities by the Young Lords, or whoever can hip the people to their rights. All power to the people.

The brochure reads, "Tired of high school?" and for teenagers who are, Traveller's Directory (51-02 Thirty-ninth Ave, Woodside, New York) offers an unusual alternative. Traveller's Directory will match students with people living and working at what they'd like to learn. When students see a listing describing someone with an art, trade, or living experience that interests them, they can write and apply for an apprenticeship. The apprenticeship family will pay for living expenses, and the student's family pays his transportation. A student simply moves on when he wants to learn something else.

High school credit transcripts (translated into acceptable course titles) and a diploma at the right time are available through Pacific High School (Box 311, Palo Alto, California). All that is required is for the student to write two short reports a year describing his experiences, and for the person living and learning with him to write one report a year. Tuition for credit is \$200 a year.



# The 1967 Monterey International Pop Festival on Records ... At Last.



WO—well, a lot really—but two special performances we remember from those suspenseful but warm black nights.

Saturday night and the only man who could climax a whole day and evening of performances by the best rock and roll had to offer: Otis Redding. He was an awakening for most of us because we had been innocently white and black was Chubby Checker or Leadbelly or the Supremes, but not yet Memphis. And here, before all us long hair creeps, stood this giant physical singer in his cornball green glow suit. And he stood us up straight, because it was *Respect* and *Satisfaction* and *Shake and Try a Little Tenderness* and *I've Been Loving You Too Long* and we had never seen that kind of energy beaming from one person for so long.

We'd never had this before us on a stage. We'd never before been had so good. It was our first pro game.

They had to turn on the lights to put on the brakes that night. And walking out of the Fair Grounds in Monterey that night—past the fires in the trash cans and out into the mist—was like early high school when we'd just won the homecoming game and were world champs.

And then there was Sunday night, too.

A purple-dressed black man with a fuchsia boa, who played guitar with his teeth, behind his back, played it like a bedeviled yo-yo. Who dropped to his knees, sprayed Ronson lighter fluid on his guitar, and gadzooks lit it up.

That was discovering Jimi Hendrix when it was a new Experience, when we were really younger, even before Jimi went out as the supporting act to the Monkees.

And we were there as Jimi and Mitch and Noel drove us through *Rock Me*, *Baby* and *Can You See Me* and *Like a Rolling Stone* and *Wild Thing*.

And it was our first honeymoon night with what we would later try to call an Aquarian Age.

Time has passed now. Our world has never since been so right.

It is wrong, though, to think of those light misty nights in 1967 Monterey as history. Until we heard those tapes played back recently, we feared innocence might trick our memory.

But no. Yes we were young and yes eager, with a blossoming awareness.

But they still are real, those nights. Thank you, Lou Adler, for recording it all, and with a fidelity incredible in its fore-planning.



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To me,  
Every spring they'd come,  
All colors they'd be,  
And smell so sweet,  
But no, not now,  
They come no more,  
They don't live again,  
Like they used to be,  
And me.

MALE H.E. CORP. • ATLANTA, GA

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Why, fancy that! The Secret Service dude on the left is playing with his doo-dah!

September was a great month for right wing speeches. Our nation's heroes freaked out at the prospect of a new school year, and they oinked it up to celebrate.

Martha Mitchell made a killer speech denouncing professors as being the destroyers of American society. "The academic society is responsible for all of our troubles in this country. These are the people that are destroying the country. . . The whole academic society is to blame, the professors in every institution of learning."

Martha's mentor, Dick Nixon, hit the same topic in a letter to one thousand college presidents, telling them it is their responsibility to enforce the rule of reason on campus. "Those who resort to the rule of force have no place on a college campus."

Not to be outdone, FBI commandant J. Edgar Hoover wrote an open letter to all college students advising them of the great communist threat and listing eight ways students are usually duped (duped by the Reds, natch).

Spiro Agnew met with four students on David Frost's talk show; Northwestern's Eva Jefferson was among the four. Combined, the four stuck Agnew's nose in his own shit and showed the Greek Geek up for the mouthpiece he is.

And finally, everybody's favorite, Nguyen Cao Ky, decided to avoid speaking at Carl McIntire's Victory in Vietnam rally after yo-yoing in and out of it for three weeks. It was revealed that Nixon's aide Henry Kissinger flew to Paris to talk Ky out of it.

Carl McIntire, by the way, is the far-right Reverend who denounces the schemes of the commies, hippies, women's liberation folks, Roman Catholics and Federal Communications Commission daily on WEAU-FM at 5 am, right after RADIO FREE CHICAGO. Ky cancelled out because the state department feared McIntire's rally would attract more dissenters than hawks. The rally was billed as a Victory in Vietnam march; most "dissenters" are also looking for victory, but not Ky's.

— Mike Gold

Last week was registration week at Kent State, and administrators who were fearing a huge drop in enrollment were surprised that 21,000 students lined up for their punchcards despite the world-renowned massacre of last May. During the same week, President Nixon requested Congress to pass a bill allowing the FBI to be used in all future cases of buildings being burned or blown up on college campuses. He also added on to the proposal a request that the FBI be assigned 1,000 new agents, so as to ease the burden having to send so many to college. The whole situation sounds like the old joke about how the FBI supports the Communist Party of America in its declining years, since almost half of the dues paying members of the CP are FBI agents. Imagine a class where 5 of the 25 students were FBI agents—they'd have as much trouble staying in school as the heavy politicians. Would J. Edgar Hoover help them with their homework, or would they become so emotionally involved that they neglect their sleuthing. . . "I just CAN'T infiltrate SDS, Chief, I have a big test in Art History!" Or imagine them trying to explain to the Prof. why they didn't get a paper in on time. . . "Well, I didn't have time because. . . uh. . . I had to go to a meeting. . . well I HAVE to go to these meetings, I have this. . . uh. . . off-campus job and y'see. . ."

Actually, the consequences of the move will be less than humorous to students with any radical ideas at ALL. Organizations and meetings will be constantly infiltrated by Government-paid radical watchers, and if past performance is any indicator, the undercover pigs may also act as provocateurs. It only takes one or two George Demmeries (Demmerie was the undercover agent who infiltrated/instigated the New York Bombings last year) to move some people to an action that could get everyone in the organization 20 years to life. The FBI presence may also serve to drive activists underground; the knowledge that any "colleague" may be carrying a badge will destroy the traditional meeting/discussion form of campus organization and turn them into small cells (or "affinity groups" in the jargon of the 70's).

\*\*\*\*\*

At the same time that Nixon invited the FBI to go "Back-to-school," he also invited them to kick down a few doors—this week, Congress passed the administration's Dope bill, complete with no-knock clause. The no-knock provision means that Federal agents who suspect that "hard drugs" lurk behind every door now have the right to smash down those doors so that the "offenders will have no warning and therefore be unable to dispose of the contraband." The consequences of this little gem are somewhat heavier than mere classroom attendance. Some time during the first year or enforcement, somebody is going to take affront at the spectacle of his door disintegrating and a nattily-dressed stanger bursting into his previously sacrosanct domicile—someone is going to shoot first and check ID later—and an FBI agent will quickly become a dead hero. After this happens two or three times, the no-knock provision will become, in practice, the come in shooting clause, and the people who get shot reaching for their pants will NOT be public heroes, but martyrs to the cause of law and order.

\*\*\*\*\*

Oh yes, one other thing happened this week. The President's Commission on Campus Unrest brought back its report after four months of formulation. You remember that Commission, don't you—that one was appointed to cool things off after the Kent State massacre back in May (as opposed to the ones that are appointed to cool things out after riots, assassinations and other catastrophes). Well, they popped up with this huge treatise that, in summary, said that crazy radicals are dangerous, and trigger-happy peacekeepers are dangerous, but the only way this campus unrest is going to stop is if President Nixon heals the breach with constructive action toward solving the problems that have the campus activists flipping out. Force of arms, said the report, is not the wisest way to stop the trouble; reconciliation is the course to take. Too bad for you, President's Commission Number

Most Little Pigs Go to Market  
BUT  
The Best Little Pigs Go to Jones



473B, that's not what your President wanted to hear. As soon as the report was made public, the White House attacked it as shallow and imprecise (that means 'wrong') and, worse yet, unleashed Spiro on the hapless Commission. Spiro says it's "more pabulum for permissiveness"—anyone who thinks that the President is wrong must think that the campus crazies are right and therefore must be some kind of soft-headed Commie, fer chrissake.

What this country needs is a Commission to Study the President, since he's obviously become a dangerous paranoid. After all, he thinks that anyone who disagrees with him is a cretin (and a cretin with leftist tendencies), anybody who talks about it is public should be watched, and anyone who takes dope to forget about it should have their door kicked down by gun-toting FBI men with a fistful of college degrees.

— eliot

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LAURIE RUSEFF/ART



# THE BLUES

(english  
division)

John Mayall is one of the British rock “biggies”; and his stock in trade is picking the best side men around and innovating. The interview was conducted in the lobby of the Sheraton-O’Hare Motor Inn on Mannheim Road. Attention freaks of all varieties—avoid the dump at all costs—Mayall and your interviewer were at one point facing the Daughters of the American Revolution—who run the joint—in an attempt to get them to 1) shut off a radio sound system they cut on to disturb the interview; 2) call off the completely mind-blown rent-a-cop; 3) just leave us the fuck alone—since it’s difficult to bug anybody in a totally deserted motel lobby at five in the morning.  
\*\*\*\*\*

SEED: What’s been your musical progression?

MAYALL: As simply as can be said: Blues is the only kind of music that I can play. The mark of a good musician surely is someone who isn’t type-cast, and can play something original.

SEED: What about your sidemen. Do you look for something special in choosing a musician?

MAYALL: Good taste and the right attitude of mind.

SEED: What about attitude of mind?

(at this point the rent-a-cop sez: “Scuse me do youse have rooms here at the hotel” and Mayall says “yes,” but there is something about the way that Mayall responds to this question that says “here we go again—it’s long hair on the road.”)

SEED: . . . ah, yeah, attitude of mind.

MAYALL: It doesn’t matter if a musician is brilliant; if his mind is not stimulated or interested in the project, obviously he won’t get his full potential off. Pretty well all the musicians that I’ve hired have had strong personal ideas or they’ve been “individuals.”

SEED: What about your present band. . .

MAYALL: This band was formed over here because I’d talked over the idea of having American musicians. And I’ve known Larry (bass) and Harvey (guitar) for quite a while. And then for the fourth member, I just had ideas of having a violin played by Sugarcane, because I’d heard his records. To me the instruments are not all that important—it’s who plays them, see.

SEED: Do you audition a band or whatever when you are putting one together.

MAYALL: The method is really personal and not a “set sound” idea. . . Let’s cut this tape—we’ve got some idiots about.

(and at that point we indeed did have some idiots about and another hassle insued with the D.A.R. behind the counter at the Sheraton O’Hare Motor Inn.

MAYALL: What were we talking about. Oh yeah, if the musicians you’re working with have been stimulated by a certain piece of music; what they’ve heard is going to stimulate and influence them.

SEED: Has your musical emphasis changed. . .

MAYALL: No, I’m still trying for basically a feel. I’m doing just what I was five years ago—perhpas better because I’ve been playing longer. I can tell that playing back old tapes and hearing how really bad the playing was. . . and how grimly enthusiastic the feel was. . . You

do get this aggressive and obnoxious enthusiasm which forces everything. . . and you try to overcome that.  
SEED: Do you usually plan a set.

MAYALL: No, I don’t. Once you get used to playing together you can just name a key and try to get into something. I don’t rehearse a group. I just get a group up on the phone and explain a project to them and if they’re interested in the idea we do it.

SEED: You were quoted as saying that Clapton, for instance, had a feeling for the blues. . . . .

MAYALL: Right, and that’s why it’s easier working with a musician who, let’s say, might be a record collector—or whatever— because that way you have a point of reference.

SEED: What about records that you listen to?

MAYALL: Over twenty years, perhaps, I’ve been exposed to the records of many blues palyers of importance. . . but at the time I was backing John Lee Hooker, I was able to compare the work of someone live, who I had only heard on a record. It’s a very great difference, and it was a very valuable experience.

SEED: Another question. . .

MAYALL: Another question is what we’re going to do about these people here. . .

(and so the continuing battle between the intrepid Seed, John Mayall, and the Daughters of the American Revolution plus their rent-a-cop continued. . . more hassles at the reception desk—the frozen faces of the ladies behind the desk begin to blend with the decor of the lobby—a kind of Hollywood set version of “Gone With the Wind” . . . . Mayall and the Seedlings by this time really pissed; the rent-a-cop more incoherent “I’ve seen youse people on Wells St”. . . . the D.A.R. demanding more proff of identification. . .

SEED: We’re talking again to John Mayall, as the tape recorder keeps on churning out those hits and hypes. . .

MAYALL: Under rather bizarre circumstances, since the staff wants to watch television. . . (one of the DAR ladies said we were interrupting their early morning TV viewing). We’re at the Sheraton O’Hare Motor Inn...let’s get that in.

SEED: What was it like starting as a bluesman in London.

MAYALL: The first year the most noticable difference was leaving Manchester, where I’d lived all my life, and London was a hoge place. It was a while before I got a good job in advertising and longer to break into the scene musically. Musically things sort of lévelled out after nine months or so. . . and one of the jobs had to go.

SEED: What about experience, working in front of an audience?

MAYALL: You have to go through that whole cycle. Starting from the bottom. My concentration, mainly, is on the piece of music that is being played. Your concentration is almost fully on that. I concentrate on the bass playing throughout—as a guide. But an audience is really your only barometer.

SEED: What about recording—techniques, or whatever. . .

MAYALL: With a record you have that lee-way, same as

a painter with a painting. Like you got no chance, you’re just out there. If they don’t like it, you’re dead.

SEED: Apart from music what do you enjoy doing.

MAYALL: I like photography, and I like sewing, and making things. Designing things. I guess I indulge my background and training in art.

SEED: Our time is running out here—and as the rent-a-cops close in, backed by the DAR—let’s see, what’s a good question.

MAYALL: Right, a meaty, all-important question the whole world has been waiting for....

SEED: Are you happy with the response to your new group?

MAYALL: The responses are much easier to take for granted than the actual music you’re making. You can rely on a certain amount of response—because people know you and they’ve got that much faith in you up front. That’s a factor you can rely on—the main concentration is on the inside. . . the music. Three weeks is all we’ve played with each other so we’re beginning to feel each other out, and there’s lots of patches, but it doesn’t matter because we’re all having a good time. If you’re unkown and you start playing something that you feel like doing—nobody likes it. But with a bit more experience you come up with something that’s acceptable to your own standards, and happily in my case they liked it.

SEED: What about change—since your music has been continually changing.

MAYALL: I found that in the first few years there was a feeling against change, from what people said, like:

“man, don’t blow it.” “Don’t throw it all away.” But then I had the feeling of being caught in a machine if I wasn’t careful. And becoming a mechanical group. I took more chances then because people weren’t used to it. But as time went on, each time there was a change and people got used to it. People started coming to see how far it had gone. Like the absolution of drums and the loud guitar. People as People said “you’re taking a tremendous risk doing that.” But it wasn’t a risk from my end of it because I knew that as long as it was good music then if they didn’t accept it they weren’t interested in new frontiers of music or whatever. I pre-suppose that now and it allows me to do what I think is good.

SEED: What do you get off on when you are playing?

MAYALL: If I’ve got a new project I want to see it happen. It gives me the greatest thrill when I hear the music come out from whoever it is that I’m working with. And I see their reactions to each other. . . . and then you feel that really you’re into something exciting. Because if it’s exciting to you then it’s exciting to an audience. It’s purely that, playing for enjoyment and that’s what it is.  
\*\*\*\*\*

John Mayall’s latest LP is “USA UNION” on Polydor. It features Harvey Mandel, guitar; Larry Taylor, bass; Don Harris, electric violin.

—Warren

## BLUES CALENDAR

Chicago blues men move around a lot—in the city this weekend, Boston next weekend, Europe next month. Here are the names of a few spots. Call the BOOKSTORE 549-8814 for specific questions. It’s a good idea to call the place to see if the musicians are still there on the day you want to see them.

ALICE’S REVISITED 950 W Wrightwood  
10/2 & 3 OTIS RUSH  
10/9 & 10 HOUND DOG TAYLOR  
10/16 & 17 JOHN LITTLE JOHN and JIMMY ROGERS  
EXPRESSWAY 77 E. 55th St.  
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BOBBY BLAND

AVENUE 1284 W. Madison  
GUITAR JR.

PEPPER’S 43rd and Vincennes  
FENTON ROBINSON

THERESA’S 48th & Indiana  
B. B. KING JR.

FLORENCE’S 54th Place & Shields, Sundays at 4  
HOUND DOG TAYLOR

ROSE & KELLY’S 308 E. Pershing  
J. B. HUTTO

WASHBURN LOUNGE Washburn & Hoyne  
WILLY JOHNSON

WHITE ROSE 153rd & Vincennes  
CAREY BELL

TEXAS LADY 3135 Cermack  
JIMMY DAWKINS

ALEX CLUB 1815 Roosevelt  
JOHN LITTLE JOHN and JIMMY ROGERS

WISEFOOLS 23?? N. Lincoln  
JOHNNY YOUNG

BIG DUKES Washtenhaw & Roosevelt  
HOWLIN WOLF

Buddy Guy and Jr. Wells are on tour with the Rolling Stones. One of the men in the band wrote to his old lady that Jr. has been teaching Mick Jagger to play the harp. Someone at Alice’s, overhearing the rap said “It’s about time someone did.”

— LOIS



# GROW YOUR OWN Health Clinic

We live in the Lincoln Park area, or in Old Town, or in Hyde Park, or Rogers Park. We are white, we have long hair and we get high and we don't wear a bra and we dig music and living and loving and communion with those around us. Check one, 2, 3 or none of the above to qualify being called hippy/freak/bum/drip/outradicallag. We talk and try to live an "alternative culture" (did Time magazine coin that one, too?). If we're into ecology and food, maybe we open a store. If we're into political action, we may live in a political collective and do political things. Those of us who have already "made it" in the man's game can use our "legitimate" titles to work for our movement-like forming a law or health collective to serve the needs of the people.



We make our own music by forming our own bands; we publish our own newspapers and make our own films, and radio programs; we open our own day-care centers; we start free schools and give classes. Some of us make our own clothes, grow our own food (even in Chicago some people can make a garden grow), or if that's not possible, at least start a food cooperative so we don't have to patronize the chain stores. We do a lot of little things, and some big things in an effort to discover substitutes for the corrupt institutions which have been controlling our lives, and which confront us at every turn. But what do we do when we get sick? Look in the SEED Free City Directory and find a free health clinic? NONO-NONONONO!

The community health clinics which already exist are there to serve their own communities. They have had to struggle through all sorts of repression and bureaucratic tape even to survive. They have limited facilities, and a limited amount of medications and doctors. Most of them are in black and brown communities, and are geared to serve the specific needs of their communities (not only the physical needs, but emotional and psychological needs as well). Free Clinics in these communities are movements in themselves, they are building a base of trust and showing the people that institutions controlled by the people and for the people can be a real and viable alternative to the existing corrupt and repressive system which has kept their people down in this country for so many years.

It's only within the past decade that "our" movement has been building. And only in the last 5 years have freak/radicals (wish Time would come up with a better word for us) begun to get it together. But as we build our own movements, and our own communities, we have to do it with integrity. We have to look at our black and brown sisters and brothers and see what they've done, and what they're trying to do—not for us, but for themselves. We can learn from them, but we cannot and will not, be leeches on their health clinics or on any other of their services which were created to serve their own communities.

So, ask again. Where do we go when we're sick? If we can afford private insurance, or a private physician or a private hospital, we can probably get passable medical care. But if we ain't got the bread—where do we go? The way the medical sellers' market works in this system is that doctors and hospitals don't ever really NEED to do business with us. They make outrageous profit from those who can pay the outrageous cost of medical care.

A Free Health Clinic is a great thing. But organizing one involves not only getting a place, and doctors and nurses willing to work, and supplies, and medicine, but a thorough knowledge of the present Chicago health power structure. Some members of the Northwestern Health Collective are planning a program to educate community workers, students, or anyone who is interested in the health problems in Chicago. In the following paragraphs, reprinted from their paper (Struggle, Aug. 1970), they tell a little about some of the shit that goes on. But for anyone seriously interested in starting a clinic in their community, the course might be a good start in learning what's involved. (continued on page 23) —diane

## The man can bust our music.



Someone once wrote "the man can't bust our music." Well since music is about being high and free and alive it's busted whenever someone is thrown in the slammer for possession of flowers or for exercising certain inalienable rights. Chicago is a place where everything music stands for got busted hard. But there are still places in Chicago where people like Otis Spann, Willie Dixon, Honeyboy Edwards and Fleetwood Mac can make music together in peace. The Chess Ter-Mar studios is one of those sanctuaries. That's where the album we're selling here was recorded. It's the blues real and alive. It comes complete with false starts, rapping and all. Enjoy it and be glad they haven't invaded the sanctity of the recording studio. Yet.



### BLUES JAM IN CHICAGO Vol. 2

(BH-4805)

Produced by Mike Vernon and Marshall Chess

on Blue Horizon Records

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# "JOE"

Fantasy. The media moguls become the brain police and push for a takeover. They kill Jimi Hendrix to insure that his Monterey album will be a hit. They do away with Nasser and give his successor a heart attack to keep people buying newspapers. And they stage last May's NY construction worker stomperoo to hype a movie called "Joe."

Like the legendary Baron Frankenstein, they create a monster. Joe the character hates hippies. He thinks many liberals are "fags," and thinks that that's necessarily a bad thing to be. He ignores his wife and mutters about his kids. He sits in his basement and fondles one of his guns and thinks about "them" moving into the neighborhood.

By the end of the movie, you accept their creation. You accept him as a person, which is what the script writer and actor Peter Boyle and the producer intended. You accept what he does. You laugh when he goofs on the tight-assedness of the upper-class people that circumstance plugs him into contact with. You dig it when he gets high, so much that you let his down-on-hair raps slide. Maybe you feel smug at seeing what a crummy ball he is. And you freak out completely when he slaughters a houseful of hips.

On their own terms, all the people involved in the film do a good job. Hollywood movies are based on characterization, not consequence. "Joe" will win an Oscar or two. Peter Boyle will have a lot more money than he did back in the days when he used to act at Second City on Wells Street. People will remember "Joe" as Joe, a chronicle of a hardhat.

Feiffer

HOW'S THIS? ELLIOTT GOULD IS A FLOWER CHILD AT BERKELEY DIGS THE REVOLUTION, BUT DOESN'T DIG VIOLENCE.

JANE FONDA IS A WOMEN'S LIB-BLACK STUDIES MAJOR WHO WANTS TO BURN DOWN THE CAMPUS.

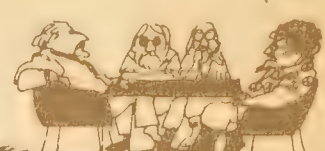
ELLIOTT WANTS JANE TO DROP OUT WITH HIM TO SET UP AN ALTERNATIVE LIFE STYLE. JANE WANTS ELLIOTT TO GIVE UP DRUGS AND BURN DOWN THE CAMPUS.



THEY HAVE A CONFRONTATION. ELLIOTT FREAKS OUT. THE PIGS COME TO GET HIM. JANE OFFERS A PIG. THE PIGS OFFER JANE

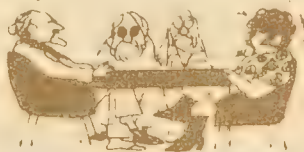


AT THE FADE OUT ELLIOTT LEARNS THAT ONLY BY UNITING ALL FRACTIONS CAN WE WIN THE REVOLUTION. GROOVY! HEAVY! I LOVE IT!



NOW WHAT WE NEED IS A GOOD PROPERTY FOR DURING THE REPRESSION

HOW'S THIS? ELLIOTT GOULD IS A DISILLUSIONED REVOLUTIONARY TURNED NATIONAL GUARDSMAN AT BERKELEY—



There's another side, though. Most people who see "Joe" at the Playboy will come away from it and brand every worker dangling from every building as a stone fascist. They'll dismiss stories about the compulsory overtime being laid on sheet-metal workers because Joe ate supper at home. They'll disregard the income difference (maybe 40%) between New York and Chicago because Joe had ten grand in the bank. They'll be afraid to share a joint with some young dude in a yellow hat because Joe shot longhairs.

Don't think that I'm saying that Saint Francis is working on the 40th floor of the Sears Building. The Chicago Plan to integrate the union foundered on the greed of the corporations and the racism and fears of many men in hard hats. If I was an attractive girl I'd be tempted to carry a handgun past the new IBM building. If what hap-

pened on Wall Street happened on Wabash & Monroe, I'd be too busy fighting back to say "all power to the workers."

The guys who work on skyscrapers and in the mills and on all those dull factory jobs aren't saints. But they are people, and deserve to be treated as such.

The creation called Joe walks and talks just like a real human. That's hard to accomplish in a movie, and deserves some praise. The problem is that thousands of people who see the movie will take him for a whole type of real human and downrap everybody who falls into that type on the basis of an image they saw on a screen for an hour-and-a-half. If you don't think that's a drag, check your reaction when someone who's seen the picture comes up to you and says: "I saw 'Joe.' Got any smack?"

Abe

# "TUNES"

The following remarks come to you courtesy of the nice folks at Radio Free Chicago. Listen to them on 105.1 from midnight to five every morning.

BYRDS---UNTITLED (columbia): Byrds have never missed when it comes to fusing acid, country music, hard rock and good taste.

LED ZEPPELIN---LED ZEPPELIN 3 (Atlantic): England's new number one group (the decline of the Beatles is about to become the fall) continues to shape the direction of mainstream British blues---fuzz, high energy, coarse vocals. No surprises.

LAST POETS---LAST POETS (Douglas): Four street poets from Harlem transmit the energy and rage of black revolution, even if some of the lyrics are a bit short of being right on. Much richer and meatier than the Panthers' "Seize The Time," with more emphasis on how the ordinary experiences of Harlem residents demand revolutionary satisfaction. Recorded on one of the most progressive label (e.g., Lenny Bruce Berkeley Concert, John McLaughlin, Tim Leary).

ROLLING STONES---YAS YAS (London): An official recording of the Stones' last American tour ("Liver Than..." was a bootleg). No new material, but the quality is higher than even the Who's "Live At Leeds."

JOHN LEE HOOKER---ALONE (Specialty): A great blues artist plays solo guitar. Lovers of English

blues are advised to listen to the real thing.

SPOOKY TOOTH---THE LAST PUFF (A&M): At 1st hearing "I Am the Walrus" sounds better than the Beatles' version. Keep the radio on for awhile and it'll become a leader for the most tedious song of the year.

PHAROH SAUNDERS---DEAF' DUMB AND BLIND: Another great new album from the foremost protege of John Coltrane. Side two is especially tranquil and reminds you of Leon Thomas.

LIVE AT MONTEREY---JIMI HENDRIX/OTIS REDDING (Warner Bros.) A tribute to both of them.

All record reviews furnished by Radio Free Chicago

# "ALICE"

A lot of people are wondering what's happening over at 950 W. Wrightwood, site of Alice's new store and community center. Some have come over and found the atmosphere warm and friendly, enjoyed the good music and recent food acquisitions. Others feel that the place has become commercial and capitalistic.

What's the story and where's the truth?

We, the Alice collective, feel a statement of our present situation and our future goals is needed to help clear the air. First, Alice's has not succumbed to the evils of profit and high finance. To the present, no one has received any monetary rewards of any sort, except for about \$25 a week for food for six people. In other words, all labor has been free. In all honesty, this must cease very soon. People need to have a place to live (some will live communally) and food in their stomachs. Minimal salaries will be given out as soon as possible.

Secondly, we are quite serious about establishing Alice's on a permanent basis in Chicago. The old Alice's failed in part because the people didn't have an objective understanding of how to go about doing that. We are not about making payoffs to the city or anyone, but we are about conforming to city standards for a restaurant. This means putting a lot of money into minor things, and we have done this with the place. That is why it took a long time to open.

A lot of lessons came out of the closing of the old Alice's. The major one was that nothing can be created with people who are intent (if unconsciously) on fucking us over. The old Alice's had far too

many negative people around, people who hassled others constantly, got drunk in the bathroom, or pushed drugs. We intend to not let that scene develop again. This has no exclusionary connotations to it. Anyone is welcome if they're willing to respect Alice's and the people who come there.

What about our political philosophy? No one in Alice's has the exact same feelings about their involvement. No rigid ideology runs rampant. What is felt is the great need to build a better society, here and now. Chicago is a damn depressing place. We all know what it's like in the winter time: cold and isolating. The summers rarely get any better: hot and dangerous. If we merely afford people a little relief from this cycle, we have done a tremendous amount.

In terms of ultimate goals, our primary interests are cultural experience and political education: experiencing the new culture (hence, the strong emphasis on music, theatre, poetry, etc.) and educating ourselves and others to the political structures needed to obtain and hold that culture (hence the speaker series, the book center, and the attempt to get people rapping with each other.)

In many ways, Alice's is for the socially and politically motivated artist, one who can create a beautiful thing, while still relating to the tremendous poverty and inequities in the world. Everybody has this potential. It's just a matter of getting serious about it.

Revolution is a necessity in the mother country, but unless people know what they are fighting for, what's the sense of it all? We hope to experiment, along with many others in Chicago, in carving out that new society. (We have cooks, plumbers, carpenters, writers, singers, janitors. Stuck in a desert or a forest, alone and penniless, we should be able to survive!)

Besides what Alice's can do for ourselves and others, we are interested in working with other community organizations in helping them get their thing together, for example, the benefit held for women's liberation. We have more benefits coming up in the near future--keep posted for the dates. Once the hot food is in, we will be able to provide cheap and nutritious food for the community. We also hope to start a children's free breakfast program.

We may not have answered everyone's questions. The doors open at 4:00 if you want to come and rap with us. If you're relatively together and want to help out, please stop by. We need more people.

---Alice

MONDAY---closed

TUESDAY---psycho-drama 8-9:30, followed by lecture or poetry

WEDNESDAY---theater---42nd Ward, 8 pm

THURSDAY---Jam night, 8:30, Sunny Land Slim, donation 50¢

SUNDAY---Folk night 6 pm, two sets. Big Joe Williams, open floor, donations 50¢

FRIDAY AND SATURDAY in OCTOBER

10/2&3 OTIS RUSH BLUES BAND

10/9&10 HOUND DOG TAYLOR with Lefty Diz plus Midge Mike & Tim

10/16&17 JOHN LITTLE JOHN with JIMMY RODGERS

10/23 CORKY SIEGAL Happy Year Band with Jim Schwall

10/24 WILDERNESS ROAD plus Jim Post

10/30&31 HOWLIN' WOLF & BLIND JIM BREWER





1 THE MAGICIAN

"The Tarot Cards" is the only play I have ever been able to sit through more than once (four times, to be exact) and not feel bored. What's more, I'm going back. I'm going back because what the Organic Theater is doing at the Body Politic, 2259 N. Lincoln, is new. Traditional theater repeats an unchanging performance over and over for a non-participating audience. Improvisation, usually seen as a rejection of tradition, too often results in everyone-do-your-own-thing, undisciplined trash. Combining these opposites, simultaneously creating and recreating, is what the Organic Theater has done. And, as is usual when opposites interact, the result is tension.

The setting is a Tarot reading. The 22 cards of the Major Arcana of the Tarot Deck, "representing all human conditions and possibilities—the glories and the horrors," are shuffled by each audience member upon entering the theater, influencing the order in which they will appear. After the audience has formulated individual, private questions, ten cards are turned over, one at a time, and the actors interpret the forces affecting the present, obstacles, distant past, recent past, near future, distant future, the family, your fears, your hopes, and the final outcome of the question.

The scene corresponding to each card remains basically the same except for audience participation, while there is an almost infinite number of combina-

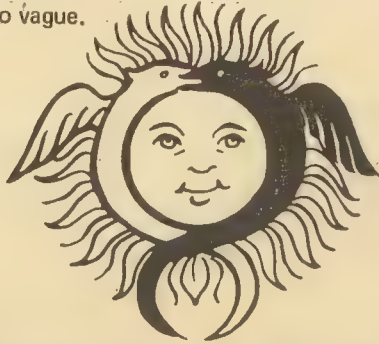
# TAROT

tions in which the cards may appear. By asking a question at the beginning of the play, each viewer member enters into a direct relationship with the actors, which quickly becomes a relationship to a group of fortune tellers who now holds the story of their future.

Even if one does not believe in the supernatural (which I don't) one cannot help but enter into what Samuel Coleridge calls that "willing suspension of disbelief for the moment, which constitutes poetic faith." Once accepting that relationship you become so involved in the interpretations that by examining your emotional responses to the tension which is generated you can gain insights into your own feelings.

The cast—Liza Roger, Cecil O'Neil, Bob Engle, Euclid Life, Carolyn Gordon, and Amy Benish—directed by Stuart Gordon and accompanied on sitar, piano, bells and guitar by Jonathan Peartree, combine to present remarkably varied interpretations of the Tarot Deck—as varied and full of dimension as the cards themselves. The Empress—portraying first birth then conception through three generations, is exceptionally beautiful and sensitive. The Emperor—portrayed as the opposite of the empress involves audience members as subjects petitioning a cruel, unjust ruler, in an exceptionally believable scene.

Temperance is the only scene that fails. Four actors stand in a circle around a central figure representing temperance. They make various body movements suggesting the negations of extremes, but I had to be told that and so did the person I was with. It's just too vague.



The fool is my favorite card. The Fool stumbles around the stage oblivious to the misfortunes he narrowly avoids with each step. The combination of excellent choreography with precisely the right musical accompaniment yields a thoroughly enjoyable experience.

The Organic Theater's ideas about the community differ from those of most theater groups. Instead of hustling it for all the money they can, they want to be a part of it and serve it. According to the director, Stuart Gordon, "The old theater is dead. What we are trying to do is create a new theater that people need. People go to a play to get culture the same way they go to a dentist. We want to change that—to give them an experience they need and look forward to."

And that's just what they've gone and done.

— Denny

(The Organic Theater has shows Wed-Sat at 8:30 and 10:30. On Wed and Thurs nights the admission is only \$1.50, or if you don't have that, a donation, will do. If you're broke you can get in free, but the actors have to eat and pay their rent, so try to give something.)



0 THE FOOL N

## JAGGER FLIX... UPPERS,



## AND DOWNERS

Mick Jagger, jack of hearts of the rock world, is currently being seen in two new films running almost concurrently. Aside from the fact that Mick very obviously appears in both movies, there is little chance of comparison between the two films. It's almost like comparing the invention of the wheel with the creation of interplanetary space travel.

"Ned Kelly," after a short run at the Clark Theater, closed recently, but will probably be playing at neighborhood theaters in the future. The story is taken from an Australian folk legend supposedly based on the early history of the colonized island. It revolves around pioneering Irish settlers and their attempt to prevent the monopolizing interests of big land-owners from driving them off their own land. In the course of their struggle Ned Kelly and kin form the Kelly Gang and lead numerous ingenious attacks against the enemy, eventually gathering enough popular support to wage an extensive rebellion with the intention of establishing an independent state.

Unfortunately, the British pigs quell the uprising after a supposed brother rats, before the most crucial battle of the rebellion. Ned's brothers are killed and Ned himself goes thru a rigorous fight with the police army single-handed, aided only by his gun and armor forged from plowshare blades. Despite a good fight, Ned is captured, convicted, and hung.

Due to the fantastic quality of the story, the film comes off quite unconvincingly and although it contains an innovative flourish or two, the final outcome is merely a misplaced "Made in Hollywood" Western. The emotion aroused is not one of like or dislike, but indifference. Jagger sings a folksong or two and does a pretty fine piece of acting, but unfortunately the film itself isn't the easiest thing to stay awake through.

On the other side of the coin is "Performance," a certain mind-blower from start to finish. In this film Jagger is placed more in his own element. Mick plays Turner, a semi-retired rock star who innocently becomes the landlord of a fugitive gangster sought after for murder by both the police and his blood-brothers of the underworld. The lead role of Chas is played by James Fox, but Jagger deservedly steals the main attention in the film.

Chas, after numerous run-ins with his contemporaries in crime seeks refuge in Turner's palatial London pad. After his initial acceptance the ruthless gangster turns out to be quite a moralist in the most hypocritical tradition. Incapable of dealing with the sexual liberation of his hosts, he finds the scene "a freak show... drug addicts, free love."

Turner and his two female lovers turn Chas on to a sacred mushroom without his knowledge. In his bout with the mushroom, Chas definitely comes out the loser.

He can't admit Turner may have love designs on him. "He's a man... a male-female man." Chas's manhood is threatened. "Not me, I'm normal." Laughter follows. "And now, gentlemen, your love is all I crave" Turner sings and changes before his eyes to a drag version of his old boss.

The movie is filled with a series of double takes used to accent important scenes. The cinematography of Nicholas Roeg is easily among the most artistically effective and original that has ever hit the screen—a surrealistic poet with film. Author/scenarist Donald Cammell packed a great deal of concentrated dialogue and visual content into a relatively small amount of time—the film keeps you interested from the beginning, gradually building up in intensity, until by the end of the film, you're naturally stoned.

"Performance" is a super-heavy film and destined to become a classic. Verbal descriptions don't do justice to a work of art. It has to be experienced. See it!

— David



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RAILROAD**

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SYNDROME

**LEON RUSSELL**

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FRIDAY, NOVEMBER 20—8:00 PM  
SYNDROME

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SATURDAY, NOVEMBER 21—8:30 PM  
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**SMOKEY ROBINSON  
& THE MIRACLES**

SUNDAY, NOVEMBER 22—7:30 PM  
AUDITORIUM

**CHICAGO**

THURSDAY, NOVEMBER 26  
7:00 & 10:30 PM—AUDITORIUM



Each event at the Auditorium Theatre will feature two attractions, and each event at the Syndrome will feature three attractions. These additional attractions will be included in future advertising.

All attractions at the Auditorium Theatre are \$6.50, \$5.50, \$4.50, \$3.50. Tickets are now available at the Auditorium Theatre Box Office, all Chicagoland Montgomery Ward stores, Flip Side Records at 3314 W. Foster, Chicago and 732 Elm Street, Winnetka, and all other Ticketron outlets.

The Syndrome is located in the Chicago Coliseum at 15th & Wabash. Tickets are \$5.00 general admission and available at your neighborhood Ticket Dealer. Ticket Dealer locations are: Flip Side Records, 3314 W. Foster, Chicago; Flip Side Records, 732 Elm Street, Winnetka; Gramophone, 2663 N. Clark St., Chicago; Midwest Stereo, 1445 W. Morse, Chicago; Yorktown, 144 Yorktown, Lombard; One Octave Higher, 1730 Orrington, Evanston; J & J Records, Racine, Wisconsin; One Octave Lower, 1525 N. Wells, Chicago; One Octave Lower, 175 W. Washington, Chicago; One Octave Lower, Buffalo Grove; and Music & Books at the Ford City Shopping Center.

## EARTH

is the new magazine for the people and by the people, and will be on newsstands and in bookstores November 15.

We would appreciate your ideas and suggestions for truthful picture stories and text—about the good and bad and inbetween, and funny.

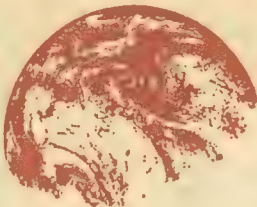
We are printing thoughtful essays as well, book, film, and LP reviews, fantasies and trips, and pages of music and general news. We pay for all material used.

We need to know about events in your town, people who are making something happen, letters on things you care about, and, if you want, a free classified ad section open to everyone.

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AS OF THIS ISSUE, WE ARE NO LONGER SENDING FREE SUBSCRIPTIONS TO GI'S IN VIETNAM, BECAUSE WE CAN'T AFFORD IT. VIETNAM GI'S CAN STILL GET A FREE COPY BY WRITING TO US. IF OUR OTHER READERS COULD SEND SOME BREAD TO COVER EXPENSES, MAYBE WE COULD DO IT AGAIN.

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## Amistad

Edited by JOHN A. WILLIAMS and CHARLES F. HARRIS



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Like it was, like it is,  
like it ought to be.



—continued from page 19

"Community control of health facilities has become the focal drive of many community organizations now engaged in battle in the field of health. They seek the operation of services which are human and dignified, which take into account cultural differences to the benefit of the patient's comfort and treatment. Long years of experience with the Board of Health stations and Cook County Hospital has proven the anti-human, racist nature of the present health care system. People from the Black, Brown Indian and poor White communities are demanding power to administer their own health services, run by the people from their own background and who are sensitive to the needs of their community.

It does not take long to discover that this involves more than the day-to-day operation of a local health center. Large institutions such as medical schools and hospitals daily enlarge their plans of expansion into the poor, working people communities. Planning goes on at the Board of Health, with careful exclusion of any community input. In order to capture complete community control, communities must be aware of who determines how health

money is spent and plan their strategy accordingly.

Many attacks have already been launched around the issue of health planning. In Uptown, a coalition of Latin, Indian, Black and Appalachian white community residents spent long hours preparing a program for the Model Cities Health Center, only to have it overturned by the Board of Health.

But bitter experience has shown that doctors use their role as "experts" to block understanding by the community of the real enemy, the professional health power structure. Community members placed on sham advisory boards set up for government projects such as the Mile Square Neighborhood Health Center, have repeatedly been given budgets to "approve" without any explanation of medical jargon or technical matters.

Such isolation of community and worker groups from valuable analysis about the administration and planning of health services may lead to misdirected attacks and unfortunate defeats. Only through accurate analysis and critical experience can a group insure a proper transfer of power.

It is time to begin sharing this information. It is time

to start building an overview of the entire health system, so that energy won't be wasted fighting insignificant enemies. To start this process, a course has been developed by medical and nursing students, doctors and interns at Northwestern University Medical School. They especially welcome community residents and hospital workers in the planning, teaching and learning experience of the course.

This course, entitled "Health Care in the Urban Setting" will focus on the health crisis in Chicago, especially those forces actively at work in the city today. The legal rights of patients, the interconnections of various health planning agencies and the plans of large institutions to take over health care delivery will be some of the valuable areas touched upon.

Membership is open to all interested in health care; the first meeting will be on Monday, October 5th, 4-6 p.m. in the Ward Building, 303 E. Chicago Ave., Room 5-140. For further information, call Bill at 649-8933, Barbara at 348-6127 or the registrar's office Northwestern University Medical School at 649-8649.

Jim & Barbara

Continued from page 30

Wheat originated somewhere in Asia and was extensively cultivated by prehistoric man. The protein content of wheat is relatively high, varying from 9 to 16%, depending on the type of wheat and the locality where it was grown. When wheat is eaten in conjunction with beans it provides a source of protein that is equal to meat and more easily digested.

Rye originated in Southwestern Asia and Russia and is today cultivated in all the Northern Hemisphere. It will grow in any soil if well supplied with water, but—when planted in good soil—it will have a higher food value than wheat. Rye develops strong muscles and is considered a good blood cleanser.

Of all the cereals barley is one of the best sources of

vitamins and minerals. Oats are a good cold weather food since their fat content is very high. Their protein content is rather high also. . . oatmeal sometimes containing as much as 15% protein. Buckwheat forms the staple diet of the people of Brittany, Russia and Northern China, where the climate is cold and the winters long. This is an exceptionally good winter food since it constricts the capillaries and produces as much body heat as meat. Buckwheat should, therefore, not be eaten too frequently in warmer climates or during the summer.

When grain is ground into flour the heat of the milling process and the resulting oxidation produces an immediate loss in nutritional value. It is therefore preferable to grind your own flour and use it immediately.

If you do not have the resources for grinding flour, purchase only fresh stone ground flour. Purchase only small quantities that can be used within 3 months. Flour that is kept longer than this becomes stale, tasteless and, in some cases, rancid.

*The above was excerpted and revised from an extensive article entitled FOOD THING in THE MOTHER EARTH NEWS, no. 4. For more info on the whole spectrum of foods and non-foods, what to eat and how to cook it, you can get this issue by sending \$1 to The Mother Earth News, P.O. Box 38, Madison, Ohio 44057*

next issue: GRAIN RECIPES



**If you like your blues hot and greasy you'll love bacon fat.**

Bacon Fat is a group producer Mike Vernon thinks is the finest pure blues band he's ever found. Rod Piazza, vocals/harp is a veteran of George Smith's Southside Blues Band. The two self-taught guitar players, Buddy Reed and Gregg Schaefer have been into the blues since they were old enough to listen. J. D.

Nicholson plays keyboards like a bandit and drummer, Dick Innes has gigged with almost everyone including Big Mamma Thornton. Jerry and George Smith, bass and harp respectively are related only in that they are true blues brothers. Bacon Fat's music is lowdown mean and gritty. Funky Chicago-style blues. From Los Angeles.



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1956 Gibson Les Paul Custom - natural wood finish; adjustable bridge; excellent condition - \$350.  
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For sale: Fender Guitar-- excellent shape w/case. \$275. or? Call Paul at 728-1072. or 642-5044.

For sale: 1969 VW bug with gas heater \$800 + takeover last 15 payments at \$51.17 per month. Call Linda at 929-0133.

Bicycle for sale- 10 speed Mercier- 2 mo. old. \$60. Call 528-7601- keep trying.

## WANTED

I need a roommate for 3 bedroom apt. on Schubert near Clark \$68 your share. Male or female. Student preferred straight. Contact Seed, Box 2000.

Wanted: Old or broken sound equipment. Would like to repair and sell to get through school. Call 826-9367 (Bill) or send to 4039 W. VanBuren, 2nd floor apt.

Responsible male college grad wants to share his large 4 room apt. (7000N-2000W) with similar type college grad or grad student to approx. age 30. Rent: \$70.00/mo. plus 1/2 utilities & food. Contact Seed, Box A.

Wanted: female pianist/singer. Call Steve at 525-9677.

Guy and his girl looking for an apt. Near N North or Hyde Pk. Reasonable. Tony -721-6371.

Wanted: Dylan's 'Troubled Troubador' '1000 Miles Behind', 'Plastic Ono's', 'Getting Back & Going On', 'Stones', 'Detroit', and other bootlegs. Buy, trade. Write John James, 102 Mt. Pleasant St., Frostburg, Mo. 21532.

Wanted: Apt. on North Side, preferably between Fullerton & Belmont and near CTA 2 large bedrooms or three small ones. Hopefully with a few windows. \$100-\$125. Call 929-0133 for Abe or Penny.

Wanted: two roommates for large apt. nr. North & Sedgwick. Reas. rent & arrangements. Call Chuck, 787-0638.

Not Wanted: Free kittens. 1/2 pleasantly neurotic Siamese, 1/2 heroic alley. 10 weeks old. Have had shots. Healthy & dig people. Call 929-0133 (Abe or Penny)

WANTED: Piano in church, school or ? to practice on for small fee or free for a few hours weekly. Call Jim- 248-9644, after 10 p.m.

Roommate needed-chick- own room in 4 room apt. 281-1572.

## GIGS

Accountants, bookkeepers, clerks, econ. grads, anyone who needs a good job, contact Ron Stelzer, 368-8400.

Young writer looking for steady or freelance work. Versatile. Does all types of writing. Call Tony at 645-6606.

Commune needs babysitter for one year old 5 afternoons or 3 full days per week - \$15. week. Call Shirley or Melene at 338-7149.

# INTERCOURSE



## HELP!

HELP! TRIAL (Total Repeal of Illinois Abortion Laws) is having a statewide conference Oct. 16-18 in Chicago. Members of TRIAL range from the Estab. to the Far Left. We would like offers of places to crash, if only floor space, for delegates coming from outside Chicago for the nights of Oct. 16 and Oct. 17. Needless to say, most of the delegates will be women. If you can help, call 935-8146, or write Art Hoffman, 715 W. Barry, Chicago, 60657. THANKS!

HELP! Two Seed staffers DESPERATELY need 3 or 4 room apt. IMMEDIATELY! Call 929-0133.

New paper being started on S. Side. In desperate need of any office materials - pens, paper, typewriters, mimeographs, desk-chairs, ect. All help would be appreciated. Write or call Dave - HE4-4544 - nights. 7404 S. Rockwell, Chi., Ill. 60629.

## MUSIC

Good rhythm and miscellaneous guitarist is interested in people who are interested in forming bands. I am into everything except jazz. Call David at 929-1237 evenings.

Tenor saxist, flutist looking for work, experienced and competent!! Call Frank Roberts- 484-0094.

Drummer wanted- exp. serious, for hard-rock freak band. 826-7116 (Jim).

## MESSAGES

Terri Jo Wilson, please contact your aunt.

Randy: Remember me at State & Lake + Woodstock on May 16th. Thanks for the help & please call me at 333-0294.

Camera lens - If you recently gave a ride to a kid named Dennis Hamilton & are missing a camera lens, identify same and it's yours. Call Pastor Ralph at Grace Church- 929-3553.

THIS IS A COMMUNITY BULLETIN BOARD, NOT A CLASSIFIED AD SECTION. THIS SERVICE IS FREE, BUT NOT ALL NOTICES CAN BE RUN FOR THE UPCOMING ISSUE IF THEY'RE RECEIVED TOO LATE! IF YOUR AD IS DATED, SEND IT IN ABOUT ONE MONTH BEFORE THE DEADLINE DATE, SO AS TO ASSURE ITS APPEARANCE. WE ACCEPT CONTRIBUTIONS FOR RUNNING THE NOTICES. WE'VE TRIED TO ELIMINATE RIP-OFFS' LEGAL TURN-ONS' MODEL ADS, DATING SERVICES, HIP CAPITALIST CRAP, AND GENERALLY QUESTIONABLE STUFF. WE STILL CANNOT VOUCH FOR THE SINCERITY OR LEGITIMACY OF ADS, AND IF YOU STILL GET RIPPED OFF, LET US KNOW. ADS ARE NOT ACCEPTED OVER THE PHONE-BRING THEM IN OR MAIL THEM. WHEN YOU GIVE US THE AD, INCLUDE A PHONE NUMBER AND ADDRESS WHERE WE CAN REACH YOU IF THERE IS A QUESTION. THEY CAN BE WITHHELD FOR THE ASKING. WE MAY ASSIGN SEED BOX NUMBERS TO ADS OF A POSSIBLY PERSONAL NATURE TO ELIMINATE CRANK PHONE CALLS, ETC. IF YOU STILL HAVE ANY QUESTIONS, CALL DAVID AT THE SEED.

I BEEN WORKIN ON GETTIN OUT, THIS CHICAGO STYLE HEAD CONIC, OUT, TO THE PEOPLE SO THEY CAN DIG WHERE CHICAGO'S AT, BUT I NEED HELP!

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Bill R. (Franki Valli) if you're in Chicago-can I talk to you? I called Nat's but you had gone. Call 768-6632 Sharon.

Vickie Springer--your folks would like to know that your alright. Please call them.

Would the driver of the jeep which gave a ride to a girl and two children at the Goose Lake Festival please contact Ann at 744-2262 between 9 and 5:30 about a bag I left in your jeep. Thank You.

Mike Showers and Nora - Dave and Brenda are trying yto reach you. Please send your address to Greg Wible, c/o The Exeter Paper Co., 730 N. Franklin St.

Urgent! Anyone knowing the where abouts of Beatrice Flores alias 'Peaches' call me. If you are reading this, Peach, get in touch. Miss ya! Love, Pres! 483-4933. Got a job for you.

An open letter to the WEATHERMEN. Please read and consider the article in Ramparts (Oct., 1970), The Urban Guerrilla in Brazil. Especially think about the question about bombing. Do your own thing and hope to join you soon. Power to the People! Mark St. John

Dennis Butler from Palatine please contact Fred in Palatine.

Terri Wilson- Contact your mother - IN8-8200, 849-7889.

Linda Pozdell - we know everything, please get in touch with us. Mom & Dad

Helen S. - Please go back home. I still love you. Dean A.

Linda Taylor, where are you? I've been calling your old number but it's been changed. 268-3092. Please contact. Dr. D.

To Bruce - whom I met that beautiful morning on the beach in Union Pier, Mich. I would like to rap with you more about your ultimate trip. Sorry I couldn't make it back to Mich. like I promised. Please call me before you leave for Mexico. Seed, Box C. (call for number)

MaryLou

## MISCELLANEOUS

Free kittens-Laura- 664-2676

Lost: Germ. Shep., nr. North & Sedgwick, brown/blk., 1 year old, tag no.180835. Call Chuck, 787-0638.

Exploring the Art Film course will show seven features by DeSica, Resnais, Bergman, Antonioni, Welles, Anderson, Menzel, plus one night of short art films. For info and/or to register by mail, contact Office of Adult Ed. at Wilbur Wright College, 3400 Austin Ave., Chi. or call SP7-7900. Cost is only \$1. for entire course. Ex-Seed and Second City film reviewer is the head explorer.

Study photography in small group workshops. It's very deep and good for your head. Info-call 248-9294. Starts soon.

Free City U. Course on communes as alternative life style beginning Oct. 1, 7:30 pm in Rogers Pk. Requires only your interest in a better way to live. Call Melene or Shirley at 338-7149.

Robyn Michaels the Afghan Lover: Another Afghan lover needs help. Please call me at 489-5950 as soon as possible.

Anyone wanting to sell VW bus, leave message for Micky at the Seed.

Zen folk dancing: Have music, experience, need dancers. Available to organizations or form group. No charge. Sam Melvin. 776-6978.

Irrelevance- the three minute pre-recorded telephone experience- changed every three days. 313-298-6620- Dial-a-Trip.

Anyone interested in working with a Midwest War Resisters League- or in lit. on W.R.L.-contact Richard Chinn, 2510 S. Sawyer, rear, Chicago, Ill. 60623.

Reward for return of 6-mo old black male cat, w/white markings on paws, stomach, chin, and face. Answers to 'Captain'. Last seen near Lill & Seminary on 9/8. Call 943-6545 (days).

Free- black kittens - 12 weeks. Call 281-1572.

Lost: Mixed breed, brindle colored young dog named 'tiger'. Lost Sept. 10th in Lincoln Pk. Was wearing a light brown collar & rabies tag. Reward offered for return. Call HO5-2077.

Employed Psych. grad student needs place on S. Side. Will share rent for a pad in Lake Meadows, Hyde Pk., or far S.W. Side. Call 935-3791 between 11 pm & 7:30 am.

Wanted: EXPERIENCED HYPNOTIST to help young man overcome hangup. Contact Seed, Box PSYCHE.

## RIDES... PLACES

Rider wanted to Seattle or Portland now. Can share expenses. 324-2185.

Need someone to go to New Orleans with ride or hitch. Talk to Lee only. 636-5837


Hip Dr., not in practice yet, desires unaffected (real) female to accompany on trip to Calif. Leaving second week in Oct. No sex obligation. WA8-3538.





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## The Japanese film week

An exhibition of films presented by  
The Chicago International Film Festival in association with  
the Consulate General of Japan at Chicago. Conceived by  
Michael J. Kutza, Jr., Festival Director and Michiko Tsuchiya Osborne,  
Chairman of the event.

THE WEEK'S PROGRAM:

FRI., 10/2	8pm:	DOUBLE SUICIDE (Masahiro Shinoda) 1969
SAT., 10/3	6:30pm:	EARLY AUTUMN (Yasujiro Ozu) 1961
	9pm:	KURAGEJIMA (Shohei Imamura) 1968
SUN., 10/4	6:30pm:	LIVE YOUR OWN WAY (Tokihisa Morikawa) 1967
	9pm:	SAMURAI REBELLION (Masaki Kobayashi) 1967
MON., 10/5	8pm:	RED BEARD (Akira Kurosawa) 1965
TUES., 10/6	7pm:	THROUGH DAYS AND MONTHS (Noboru Nakamura) 1969
	9:15pm:	DEATH BY HANGING (Nagisa Oshima) 1968
WED., 10/7	7pm:	LIBIDO (Kaneto Shindo) 1967
	9:15pm:	THE FACE OF ANOTHER (Hiroshi Teshigahara) 1966
THURS., 10/8	7pm:	DEVIL'S TEMPLE (Kenji Misumi) 1969
	9:15pm:	A STORY FROM ECHIGO (Tadashi Imai) 1964

Tickets for all performances on sale at the 3 Penny Cinema box office  
2424 North Lincoln Avenue, or write The Chicago International Film  
Festival, 12 East Grand Avenue. For further information call 644-3400  
Price: \$2.00 donation per ticket. Series ticket available for \$10  
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3 Penny Cinema, 2424 North Lincoln Avenue

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Dear Seed:

I am 25 years old and just beginning to get my head together. Only in the past year have I let myself see the shit that is going on in this country. The Man had been fucking up my mind so long I didn't even know where it began. My friends and also you people at the Seed and other underground papers have helped a lot. I just wanted to finally write to say thanks for being there. Don't let anyone stop you from doing what needs to be done. Your last issue and especially "You can't Go Home Again" was great. We really need your love and help.

Love,  
Sharon Carroll

Dear Seed,

Just the other day, while walking my dog I chanced to run into a Seed salesman on the street. This dude was the strangest looking creature I have ever seen in my born days--shaggy haired (more hairy than my dog), dressed in old raggedy clothes and too doped up on something to do anything but stand there and disspiritedly say "Seed" in a low voice. I bought a copy of your paper just to see what it was that the poor fellow was trying to peddle--and was I surprised! Just a bundle of energy, vibrations, light and colors. Informative articles, food for thought. And it's printed on thick absorbent paper, good for housebreaking my dog.

Most Sincerely Yours,  
Hans Henstl

# feed back

September 15, 1970

This is the fourth communication from the Weatherman Underground. The Weatherman Underground has had the honor and pleasure of helping Dr. Timothy Leary escape from the POW camp at San Luis Obispo, Cal. Dr. Leary was being held against his will and against the will of millions of kids in this country. He was a political prisoner, captured for the work he did in helping all of us begin the task of creating a new culture on the barren wasteland that has been imposed on this country by Democrats, Republicans, Capitalists and creeps.

LSD and grass, like the herbs and cactus and mushrooms of the American Indians and countless civilizations that have existed on this planet, will help us make a future world where it will be possible to live in peace.

Now we are at war.

With the NLF and the North Vietnamese, with the Democratic Front for the Liberation of Palestine and Al Fateh, with Rap Brown and Angela Davis, with all black and brown revolutionaries, the Soledad brothers and all prisoners of war in American concentration camps we know that peace is only possible with the destruction of US imperialism.

Our organization commits itself to the task of freeing these prisoners of war.

We are outlaws, we are free!

Dear Publisher,

Do appreciate you publishing my ad in your paper, and want to thank the newspaper staff.

Received warm replies from the sisters out there. So far have heard from South Bend, Indiana, Oakland, California, and from the Chicago suburbs--Melrose Park, Franklin Park, Country Club Hills.

The sisters even send me your newspaper which I really missed since being incarcerated in the Cook County Jail.

Keep the good work up and thank everyone for me.

Can keep you posted on the haps in here if interested. Like for instance the political prisoners that come and go. Thank you again.

Right on,  
Walter Nowak Jr.  
7005679 A-1  
2600 S. California  
Chicago 60608

SEED:

My heartfelt thanks to you for your courteous thoughtfulness.

You are all doing a very fine job for your community and for distraught and worried parents.

God go with you.

Mrs. W.

Mrs. W.

Thank you for your note and for the contribution which you enclosed. With the support of you and many others, we hope to continue to be able to aid the community.

Ed.

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# CALENDAR

## COMMUNITY

October 9 -- Trial of William Lloyd, editor of "Toward Freedom" charged with "criminal trespass to land" following his attempt to read a list of names of war dead on the premises of the Selective Service Board in Evanston. Support him by attending his trial, 11 a.m. Elmwood Ct., 1454 Elmwood, Evanston.

October 16-18. TRIAL (not the kind above, but a coalition of groups for Total Repeal of Illinois Abortion Laws) are sponsoring a conference at the U. of I. Circle campus. Friday 8p.m. Nancy Sterns, a N.Y. lawyer, will speak Sat. and Sun. there will be workshops, beginning at 10 a.m. For further information call 935-0364.

October 16 -- Danilo Dolci, Sicilian radical organizer, often referred to as "the Ghandi of Europe" will speak at Roosevelt U., Michigan and Congress, at 8 p.m. Sponsored by the AFSC and the Fellowship of Reconciliation. Call HA 7-2533 for info.

October 17 -- West Suburban Conference on war, racism and repression. 9:30-4 p.m. Broadview Baptist Chapel, 2001 S. 15 Ave. in Broadview. Workshops will be on the economics of war (welfare, auto strikes, etc.) genocide and the war, anti-war strategy, and womens' rights and racism. For further information, call 383-3706 or MU 1-2588.

## THEATER

CHICAGO REPERTORY CO., 315 W. North, presents "No Exit" by Jean-Paul Sartre. Fri. 8:30, Sat. 8:30 & 10:30. Tickets \$2.00 and \$3.00. For reservations call 778-4240.

HARPER COURT MULTI-MEDIA THEATRE, Harper Galleries, 5210 So. Harper. Mondays: "The White Whore and the Bit Player" by Tom Eyen. Tues: Krapp's Last Tape, by Samuel Beckett. Weds: Folk singer Barbara Bollmann. Thurs: Group Encounter. Fri.: Playlets concerning the human condition by Feiffer, Rechy, etc. \$ .50-75. At 7:30 Call George Val, MU 4-1173 for more info.

SECOND CITY, 1616 N. Wells, presents "Cooler Near the Lake" Tues. thru Thurs. at 9 p.m. Fri & Sat. 8:30 and 11. Sun. at 9. Tickets \$2.95 and \$3.95. Improvisations are free and follow the evening performance every day but Friday. For reservations call 337-3992

The New Chicago City Players present "Mason Williams' Reading Matter" at the Wellington Avenue Church, 615 W. Wellington. Fri. 8:30, Sat. 2:30 and 10:30. Sun. 3:00. Admission \$2.00.

THE ORGANIC THEATRE, 2259 N. Lincoln, presents "The Tarat Cards" Wed.-Fri. at 8:30. Sat. at 10:30 \$1.50 student rate. \$2.50 regular. \$3.00 on Saturday. For reservations call 525-9893.

KINGSTON MINES THEATRES, 2356 N. Lincoln, presents "Gargoyle Cartoons" by Michael McClure. Wed.-Sun. at 8:30. Tickets \$2.00 Sat. \$2.50. For reservations call 525-9893.

GOODMAN THEATRE, 200 S. Columbus Drive. Opening Oct. 15 with "The Three Penny Opera" by Bertolt Brecht & Kurt Weill. Tues, Wed., Thurs, and Sun. at 7:30 (tickets \$3.90-\$4.40) Fri. & Sat. at 8:30. Thurs. at 2 p.m. (tickets \$3.25-\$3.75) For reservations call CE 6-7080.

## MUSIC

October 9-- Loyola homecoming, with Sha Na Na & Siegal/Schwall Blues band. Alumni Gym, 6525 N. Sheridan, 8:00, 10:00 p.m. \$3.50.

October 9 -- Benefit Dance for the Pontiac 4 (charged with ripping off some paper in Pontiac). Several rock bands, at IWW Hall, 2440 N. Lincoln. Call 427-3072 for further information.

October 10 -- POCO/LIVINGSTON TAYLOR at the Auditorium Theatre. 8:30 p.m. Tickets \$6.50-3.50. Available at Ticketron outlets.

October 16 -- GRAND FUNK RAILROAD at the Syndrome, in the Chicago Coliseum, 15th and Wabash. 8 p.m. Tickets \$5.00. Available at your neighborhood ticket dealers. . . or call 22nd Century, 644-8985 to find out who your neighborhood ticket dealers are.

October 18 -- at 3 and 7:30 p.m., Chicago Amphitheatre, THE JACKSON 5, the Motown group whose lead singer is 9 years old. Tickets \$6.50-3.50. Available from Ticketron, 300 N. State.

October 21 -- Benefit for Celebrity Center, at Auditorium Theatre, 6-12 p.m. Release Paint Players (impro-theatre group), Buckshot, Seegel-Schwall Blues Band, Blimpworks Band, Aliota Haynes, Mike Lyles, Pure Smack, Mountain Blues, Eddie Bell, and others. \$3.00.

October 24 -- Dance at Temple Anshe Sholom in Olympia Fields on the far south side. 8-11 p.m. The Forest Preserve Drive Band. Proceeds go to the RESPOND NOW group in Chicago Heights, who have set up an emergency fund for people on welfare.

The Old Town School of Folk Music has begun a series of folk and blues concerts (beginning with Odetta Oct. 2). Call 525-7472 for future programs.

ALICE'S REVISITED, 950 W. Wrightwood is open Mon.-Thurs. 4 p.m. to 1 a.m., Friday 7 p.m.-2 a.m. Sunday 2-midnight. Blues bands. For more information call 528-4250.

LONELY HEARTS DANCE, presented by Jean Wiles, Queen of Monarch Youth program: Dance contest & live entertainment. From 5-midnight at Velvet Nightclub, 5953 W. Division.

### Chicago Blues Scene

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Peppers 43rd & Vincennes  
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Don's Cedar Club Milwaukee & Division

If you have anything you want printed in the Calendar, just send it in, it's free. Send to Calendar, Seed, 950 W. Wrightwood, or call 929-0133.

### West Side Soul

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For the latest blues happenings drop by the Jazz Record Mart at 7 W Grand, & they'll tell you where it's at.

## FLICKS

UNIVERSITY OF CHICAGO, Cobb Hall. Two showings at 7:00 and 9:15.

Oct. 11 -- "Masculine-Feminine", Jean-Luc Goddard  
Oct. 17 -- "Juliet of the Spirits," Fellini.

BIOGRAPH THEATRE, 2433 N. Lincoln. shows oldies but goodies.

Oct. 2-8 "Sunrise" and "Me and My Gal" with Spencer Tracy.

Oct. 9-15 "King of Hearts" and "Thousand Clowns."  
Call DI 8-4123 for exact time.

CHICAGO PEACE COUNCIL Benefit, October 18 and October 25 at 2 p.m. Charlie Chaplin in "The Great Dictator." At the Three Penny Cinema, 2424 N. Lincoln. Tickets \$2.00. Don't miss this anti-facist classic. Call 922-6578 for advance tickets.

## CONTINUING

KOFFEE HOUSE, Mont Clare & Foster, near Harlem Ave., St. Monica's School Hall, Sunday only, 7pm-?, 50¢ admission 18yrs and up. A good place to rap, entertainment & refreshments.

If you're under 21 and cannot get into the Blues Bars the next best thing is Mojo. 78 new releases and everything in between. Interviews with blues folk. Host Cary Baker, Tues 7:30 pm on WNTH radio,, 88.1 FM

The Earl of Old Town features live folk music nightly, 1615 N. Wells, 9-4 am.

The New Quiet Knight is at 953 W Belmont featuring the finest music, drinks food, soft drinks, coffee...ample parking nearby. Tues is blues nite with Siegal/Schwall. Call 348-9509 for more info.

The New Product Line coffeehouse in Arlington Hts is open Fri. 8-12. Live entertainment and recreation at 500 E. Miror. Call 255-8850 for more information.

The Community Arts Foundation invites Chocagoans to 'come and play' theatre games every Sun. at 3pm. Admission is \$2.. Call 525-1052 for info or reservations.

Zodiac, 2938 W. 63rd St., Chicago nr. Marquette Pk. - coffeehouse, music, drama every weekend. Donation of 50¢ if you have it. Phone: 776-0130.





The College of Complexes presents guest speakers every Sat. night at 9 p.m. Cost is only \$1. 105 W. Grand. For information on program call 528-3945.

THE BARBAROSSA, 1117 N. Dearborn, features fine folk music, drinks, etc. Fri. & Sat. at 10:30 & 12:30. Call 528-7464 for more information.

THE BLUE GARGOYLE at 5655 S. University in Hyde Park holds Hoot and Rap sessions. Call 955-5826 for more information on programs.

Kingston Mimes Co. Store, 2356 Lincoln, good food, open 3 pm-3 am Mon-Thurs, Fri. Sat., Sun. all night. On Tues. features improvisational theatre, Weds-movies, weekends folk jam sessions, etc.

Saturday's Child Coffeehouse 212 Lincoln, Porter Ind (get off Ind. Toll Rd at Chesterton) Fri & Sat 8-12 pm open stage Fri-days continuous entertainment & food. \$1.25.

The Diocese of Chicago of the Universal Life Church Coffee House, 1049 W Polk, gets it on nightly. Sounds weekends, "It's open when the light's on."

It's Here coffeehouse 6455 N Sheridan features folk singers & satirists, Fri-Sun. Doors open at 7:30, shows at 8 & 10:30, \$2.50 per person 75¢ min. Call SH3-9781 for more information.

Garden of Olive, 1555 W Devon, 6300 N (Ashland-Devon-Clark) Free coffee, tea, raps. Tues. nights features lectures (informative not bullshit) on drugs by George Peters. Open 6:30 to midnight everyday. Phone 465-9474.

Antigone Coffeehouse, 419 Lincolnway (basement of teen center, entrance in alley) La Porte, Ind., Sat. 8-12pm. Folk music, improv, and all around fun & food. Admission only 75¢.

The Abraxas Coffeehouse, 1315 W. Loyola Ave. is open most nights at 8 pm and features drink, conversation, music, poetry, art, etc. Phone is 743-9565.

The Blue Gargoyle at 5655 S. University holds Hoot and Rap sessions every Wed & Thurs nite. Call 955-5826 for more information.

The Other Door Coffee House, 3124 Broadway, is open daily 7pm to 2am, on Weds. at 9pm - open discussion, on fri. at 9 open poetry reading. FREE MUSIC.



## ART

October 3-9 MULTIFARIOUS AND QUINJA MAYA present a showing of their fabrics, hangings and clothes. 3-10 p.m. at 2116 N. Halsted. All are welcome.

## SPECIAL

The first of a series of courses on the health crisis in Chicago, entitled "Health Care in the Urban Setting" will be on Monday, Oct. 5, 4-6 p.m. in the Ward Bldg., 303 E. Chicago Ave., Room 5-140. For further info. call Bill at 649-8933 or Barbara at 348-6127.

VALUCHA, the Magic Brazilian, will be teaching guitar at New Trier East in Winnetka Mon. nights and at Central YMCA Community College Thursday nights. For further information call Diana at 528-7464 or 372-3120.

Political education classes on revolutionary Marxism are being held every Tues & Thurs at 7:30pm at 1210 W. Wrightwood, 3rd floor. Come and rap about revolutionary alternatives to this fucked up system.

THE ENSEMBLE, a combined dance and theatre co. from SF will open its studios in modern dance and modern acting Sept 22 at the Uptown Center-Hull House, 4520 N. Beacon. For further info call 769-0601

YOGA— enlightenment for mind and body. Classes at N. Clark Hotel, 1936 N. Clark. Tues & Thurs, 10 a.m. & 6 p.m. For info call 528-3532.

The Peoples School, 4409 N. Sheridan, is having liberation classes featuring courses such as Philosophy, Music, Occult, Photography, Earth Class, Street Medicine, Afro History, Creative Writing, ect. absolutely free on Mon. - Thurs. For further info call 561-6737.



The La Dolores Center, 2150 N. Halsted Ave., sponsors community services for women including Women's History Workshops every Thurs. at 8pm. Also sponsors day care and children's theatre. Call 935-0324 for further info.

Free U. in Lincoln Pk. every Weds. at 7:30 pm. Call Steve or Mark at 477-9771 for all info.

The Women's Revolutionary Art Co-op meets every Wednesday at 7:30 p.m. at La Delores Center. Based on the idea that anyone can be an artist, its purpose is to help increase natural artistic ability. For further info. call 935-0324.

The Village School of Folkmusic, 631 Deerfield Rd., in Deerfield, Ill. teaches courses in American traditional folkmusic (guitar, banjo, autoharp, mandolin, voice, dulcimer and recorder). The school also has a complete selection of instruments, music books, and accessories. For further info call 945-5321.

FREE UNIVERSITY COURSE ON ALLEN GINSBERG. Every Wed. at 8 p.m. at The Other Cheek Commune, 815 Wrightwood. For info. call 477-9771 and ask for Emily or Mark.



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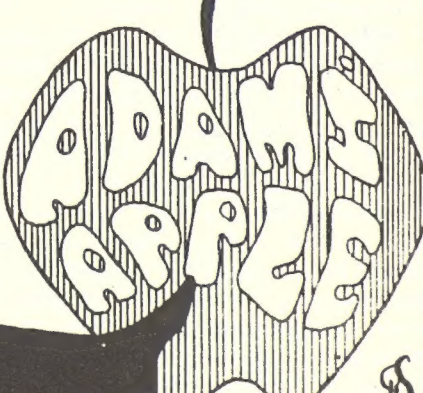
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# EATING MEAT IS NO TREAT



All life processes are based upon the complementary biochemical polarity between sodium and potassium. Animal cells generally contain more sodium than potassium and the reverse is true with plants. In addition, the ratio of the two chemicals in both plants and animals varies greatly according to the climate in which they live. Tropical fruits and vegetables contain a great deal more potassium than fruits and vegetables grown in a temperate or semi-arctic climate. There is a definite natural purpose for this: potassium balances tropical heat. Conversely, the inhabitants of arctic climates eat a great deal of animal food, since the high proportion of sodium in meat produces a constriction in the body which helps counteract the cold. This simple yet all-encompassing relationship between food and climate is one of the most basic laws of Nature. Only when these laws are broken do diseases and unhappiness occur. Unfortunately, man has violated these laws almost constantly since the beginning of recorded history.

While it is very much in accordance with Nature to eat meat in an arctic climate, it violates the natural order to eat meat in a temperate or tropical climate. When a person ignores this order changes take place in his body and his mentality is altered.

During the past few years science has gradually become aware of the direct relationship between meat eating and heart disease. Saturated fats such as those

found in animal products, gradually accumulate in the arteries and around the heart. Unsaturated fats, which occur in vegetable quality food and in some fish, are more easily digested and do not accumulate in the body to any great extent.

Meat also contains more protein than our bodies can utilize. This excess protein is stored in the muscles, which become hard and inflexible. Since we don't really chew it, meat reaches our stomach in large chunks. The stomach makes attempts to digest these chunks by secreting an over-abundance of gastric acid but the meat is passed on to the large intestine largely undigested. At this point two things happen: The large intestine secretes uric acid which produces a fermentation that putrifies the entire body. . . but still leaves the meat undigested. Since minerals neutralize acid, the body is forced to draw on reserves in the bones and teeth, and a mineral deficiency results.

Uric acid that has become putrified produces an effect similar to caffeine, and anxiety is usually the result of eating meat over a long period of time. The

mentality becomes constricted and materialistic, and we become aggressive and angry. In addition, putrefaction produced by the uric acid causes body odor. When you have stopped eating meat you will find that body odor disappears.

Most meats available today are virtually saturated with anti-biotics, hormones, tranquilizers, pesticides, dyes, deodorants and radiation. It is common practice for ranchers to inject the female hormone, stilbestrol, into the necks of meat and poultry animals to produce abnormal growth. The animal swells up with water and therefore weighs more at market time. Even though this drug is said to be assimilated before the animal is butchered, significant traces often remain in many meats. The majority of processed meats contain preservatives, stabilizers, dyes, plastic residue and other harmful substances.

Even though poultry should not be eaten for the same reasons as meat, poultry is more easily digested and is therefore preferable, especially wild fowl.

Eggs are an animal food and while not as detrimental to health as meat and dairy products, should only be used infrequently and sparingly. Eggs cause putrefaction in the intestines in a manner similar to meat and sugar. This in turn produces constipation. In some individuals eggs may cause skin eruptions, nausea, vomiting, liver trouble, enteritis and kidney stones.

Man is the only animal that continues to drink milk after it has been weaned and has developed teeth. Milk is a food designed by Nature for infants. All arguments in favor of milk disregard this basic fact, and are indicative of a mentality which sees nothing amiss when humans suckle on a biologically inferior animal.

Cow's milk is not only poor quality food, but "progress" has succeeded in making it worse. Pasteurized milk is subjected to two processes that destroy what little value it has. It is sterilized and preservatives are added. This destroys or paralyzes lactobacilli action, which is a valuable enzyme aiding in decomposing sugars, producing lactic acid, causing growth in children, producing vitamins B1, B2, B3 and B12 and preventing food poisoning and various diseases. Recently the Department of Agriculture conducted an experiment on calves, feeding them only pasteurized milk. The calves

died within three months.

The amount of calcium in milk is small in comparison with other foods such as some land and sea vegetables. Sea vegetables contain from 2½ to 14 times as much calcium as milk and are a more ecologically balanced food.

If you must drink milk, it is preferable to drink raw milk purchased from a local source. In Chicago that takes a doctor's prescription, but it is available over the border, in Wisconsin. Goats milk is more easily digested than cows milk.

When excluding animal food, it is a mistake to assume that Man can subsist only on vegetables, fruits and nuts and still fulfill his highest potential. These items play an essential role in any good diet, but they are not made to be eaten exclusively.

It is essential for us to find a balance between the two extremes and this balance can be found in grains. If an individual makes that first all-important decision to stop eating animal food it is necessary for him to replace meat with another principal food.

Grains and beans supply as much protein as meat, are more easily digested and of a much better quality. All the major civilizations of the past have used grains as their principal food, supplementing them with vegetables, nuts, beans, fruit, seeds and, occasionally, small amounts of animal products. It is in this exact proportion that foods occur in Nature and the cultures of the past followed this ratio intuitively. The Egyptian, Chinese, Hebrew, Aztec, Mayan, Inca, Japanese, Russian, Roman and Greek civilizations used grains as their principal food during the highest and most enlightened periods of their culture.

Rice is the staple food of the majority of the world's population and more arable land is devoted to its cultivation than any other crop. The cultivation of rice is older than recorded civilization.

Brown rice is one of Nature's most perfect foods. Yet, paradoxically, a large percentage of the population who depend upon rice as a staple food are suffering from malnutrition. This is not due to some inherent deficiency in the rice but rather to the loss of nutrients that occur when the rice is milled. Fifteen percent of the protein, 90% of the calcium, 80% of the thiamine, 70% of the riboflavin and 68% of the niacin is lost when rice is milled. White rice consists of an undigestible pulp of carbohydrate that is lacking in protein, vitamins and minerals. For this reason, only unrefined brown rice should be used.

continued on page 23

## sport shorts

● After almost three-and-one-half years of "blacklisting," Mohammed Ali (formerly known as Cassius Clay), has been licensed by the State of New York to box professionally. Ali, you may recall, beat the shit out of Sonny Liston, Floyd Patterson, Zora Folley and countless others during his reign as World's Heavyweight Champion, only to be stripped of his title when he refused induction into the army. He had not been convicted of a crime (and refusing induction isn't exactly a crime in some circles), but that didn't stop every boxing commission in the country from dethroning the man who brought black pride into the boxing ring.

After such a long layoff, it's doubtful that Ali can still "float like a butterfly and sting like a bee." To regain his crown he has to beat ranking contender Jerry Quarry and then face Joe Frazier, who became champ after a round-robin elimination. But it seems certain that if the boxing commissions had given Ali the same leeway that they've afforded other champs (Rocky Graziano had a few problems about unauthorized leaves when he was in the army and Jake LaMotta is a ringside standby to this day despite his having been involved in a dumping scandal), it would be Frazier who'd be challenging and Ali who'd be the odds-on favorite.

● Look for an unexpected flurry as football players freak out over some trainers' attempts to fatten up linemen with steroid injections and trim down running backs with amphetamines. As for baseball, it's been said that the only difference between the majors and the minors is that in the majors they don't drink beer with those little "greenies."

● Dallas Cowboy star Lance Rentzel and his wife, Joey Heatherton, are involved in organizing for the peace movement.

● Ace Met pitcher Tom Seaver certainly fell off from his last year's Cy Young performance. As of this writing, last year's 25-game winner is 18-12, with six losses in his last seven decisions. Wonder if there's any connection between his poorer record and his cutting down on anti-war statements?

● Word from California is that former pros Chip Oliver and Dave Megasey are doing just fine. Oliver quit the Oakland Raiders to join a commune, and Megasey, a former St. Louis Cardinal lineman and SDS member, is spending his days training with his wife "in preparation for the revolution."

● The war and racism will play key roles in the college football scene this fall. Starting black players at Syra-

cuse and Indiana are off the team after demonstrating last year, and the University of Illinois will probably lead the country in in-stadium peace demonstrations.

● Sam Goldberg, the AAU bronze medal winner in the decathlon, has been chucked from the track team at Kansas after dedicating his medal to Bobby Seale and the Black Panther Party. Campus radicals and liberals are fighting for his reinstatement.

Goldberg attended Merrit Junior College, alma mater of Huey P. Newton, prior to coming to KU.

● Former football great Jim Brown stood by Women's Liberationist Kate Millet on the Dick Cavett show recently when aging former liberal David Susskind made some silly wisecracks about Millet's book Sexual Politics. Brown made several allusions to similarities between the oppression of black people and women.

● Well folks, the White Sox have done it for sure. Congrats on the worst season in history.

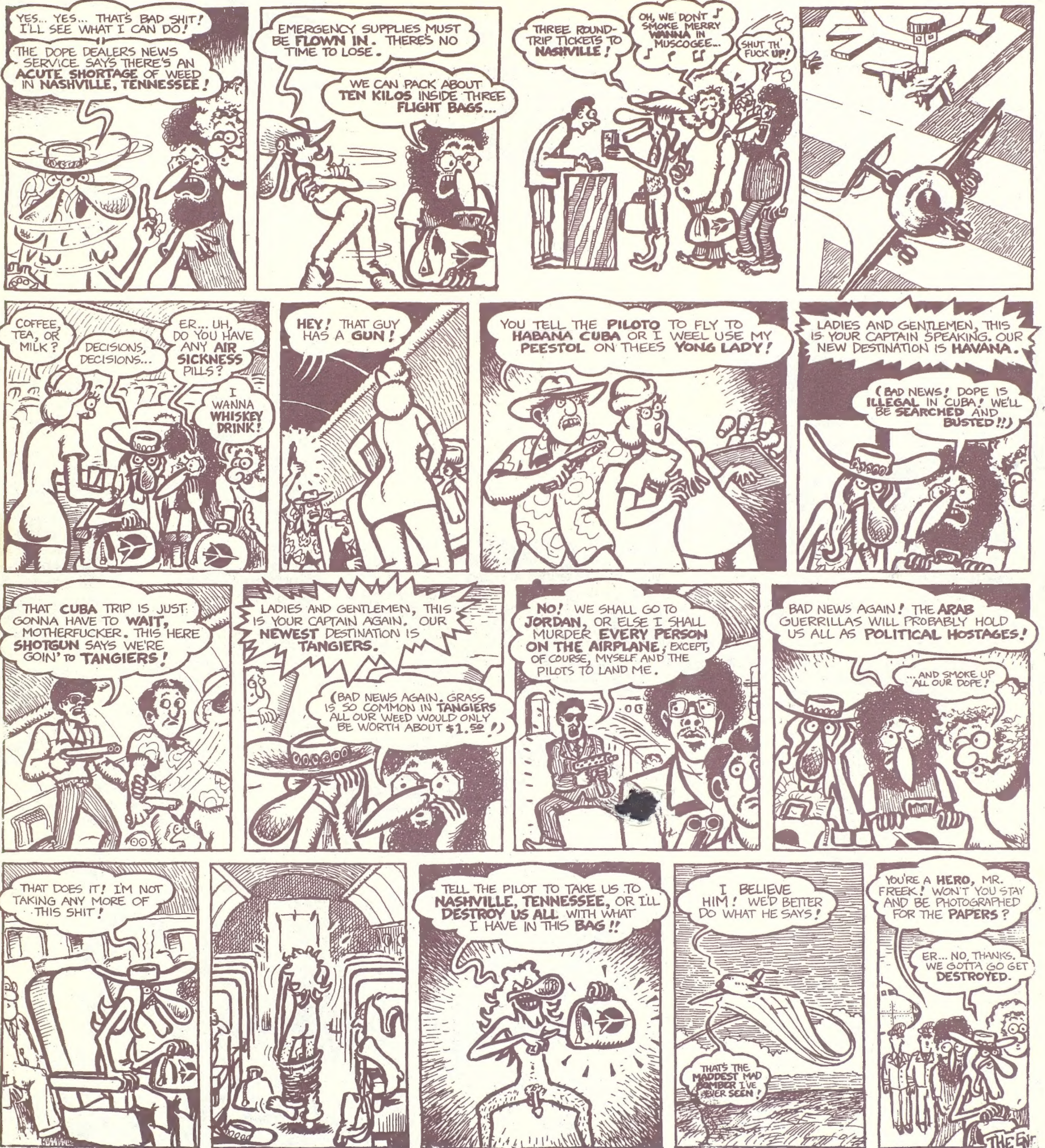
● What Red Squad porker tosses the pigskin around in a semi-pro league?

Jock Shithouse



# THOSE FABULOUS FURRY FREAK BROTHERS

Gilbert Shelton



It would be a Boss Life to go around testing and tasting all the Dope that appears in the Dope column, but that would be pretty impractical.

For example, I've heard that those Green Pentagons have knocked several people on their asses, not poisoned them to death. To avoid this type of hassle, (or more realistically, to cut down these occurrences), I would like to do several things:

1) After your come down or better while you're still up on some good dope or you're hung-up because you got some bad dope, sit down, stand up or what ever and write a note to the Chicago Seed, Attn: EPOD (get it?). (If you don't get it look at the word in the mirror.

2) If you're into it, send letters on various highs or drug experiences or anything pertaining to drugs. Because we want to do an article on the basis of a DRUG CULTURE, and I need as much information as possible and I don't want it to come all from our heads.

3) When you send dope info to the seed, please send prices per hit and prices per 100 or pound or key (No samples please)

4) Also if you send a letter please state if it is an "open letter" to be published as written or if we use it, to edit it.

Dynamite Mexican weed for \$220 a key.

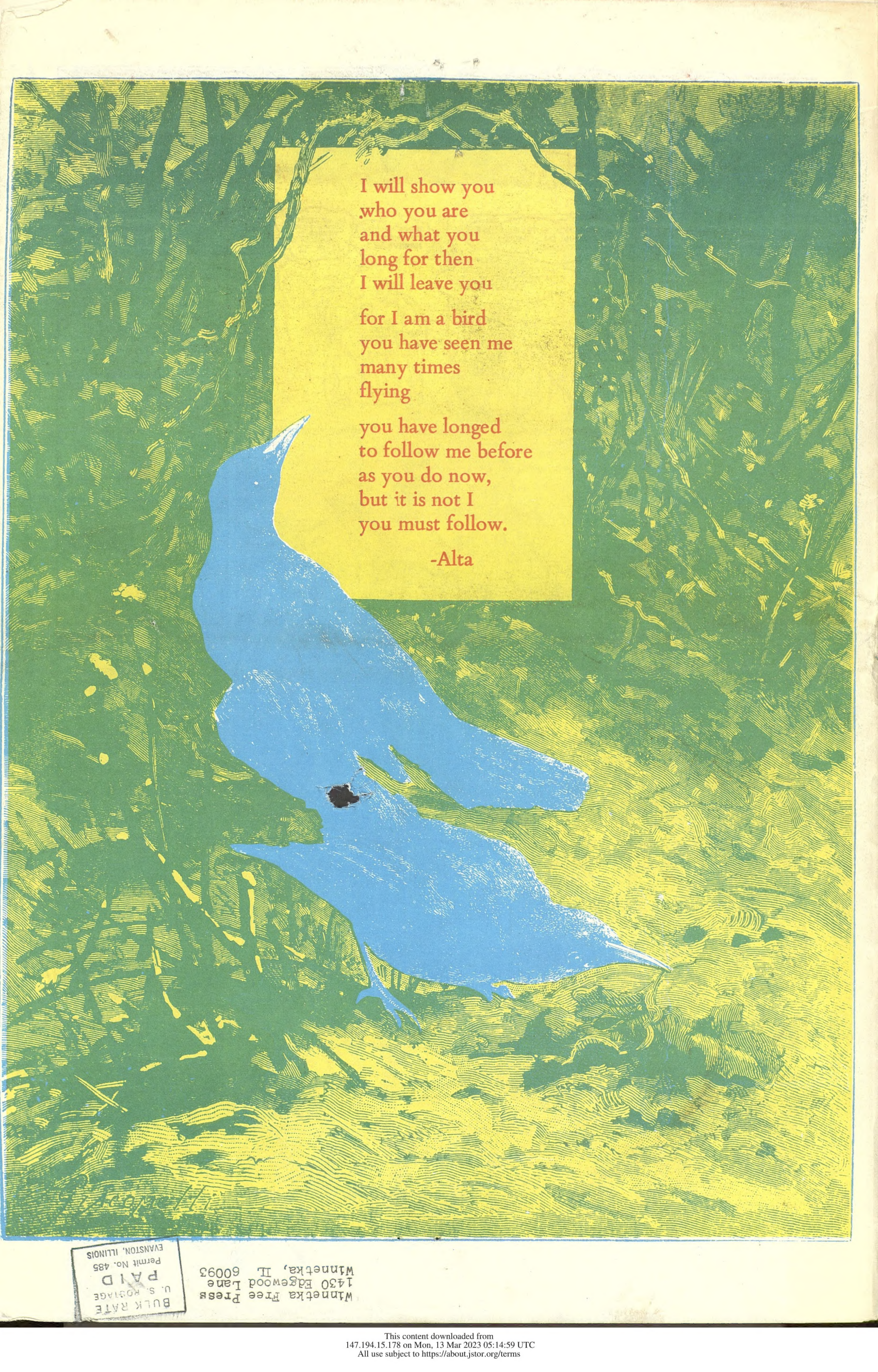
ACID.....Orange Microdots.....almost pure LSD-25 still some around for \$2 - 2.50 a hit. great!!!!

"PSYCHEDELIC SHACK" ——— "WAR" MDA ——— "WHAT IS IT GOOD FOR"

PSYLOCYBIN: Chicago Needs You.....large supplies contact Midwest Dope Dealers Association.  
DOWNERS.....Ask Jimi Hendrix.....he dead.....you too?  
HASH.....Blonde Lebanese.....knock you on your ass.....\$5 a gram.  
Lots of horse tranquilizer disguised as THC.  
Still some genuine White Lightning around.....\$1 a hit 50 cents in hundreds.  
White Mescaline.....excellent.....\$2.50 hit  
ACID.....Purple Double Domes.....\$2.50 hit..... not so good, some speed

—EARL





I will show you  
who you are  
and what you  
long for then  
I will leave you

for I am a bird  
you have seen me  
many times  
flying

you have longed  
to follow me before  
as you do now,  
but it is not I  
you must follow.

-Alta

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